



#208 2502 St Johns Street, Port Moody, BC V3H 2B4 Ph: 604-936-9971 Fax: 604-936-7515

May 10

4:00pm at Winslow Gym

Coquitlam Teachers' Association

YEAR END GENERAL MEETING

All CTA members are invited to attend the meeting

- Elections
- CTA 50th Anniversary Celebration
- Honorary Memberships
- Prizes
- Snacks

For more information: 604-936-9971 or kroberts@cta43.org

The following members have submitted their names and CV's for election before deadline.

President: Ken Christensen **1st Vice President:** Diether Malakoff **2nd Vice President:** Meggan Crawford

Local Reps to the BCTF (2 vacancies):

Melissa Illing (Centennial)

Ben Whipps (Lord Baden Powell)

Members At Large (6 vacancies): Amanda Roberts (Pinetree Secondary)

Rob Dalmann (James Park)

President's Message

Year End General Meeting

We have been asking members to come out to the Year End General Meeting for a good while (May 10, 4pm, Winslow Gym). I'd like to add my voice to this again. It is very exciting to acknowledge Kathleen Thomson, Caroline Malm, Teresa Grandinetti, Gordon Wickerson, and Wendy Williams with honorary CTA memberships at this meeting. We are also electing an Executive for 2023-24. There will be food, fanfare and fun! We are really encouraging members to attend the meeting. We'll keep the speeches tight and focus on celebrating our 50th anniversary of becoming a registered Society in 1973.

TTOC Appreciation Week Event

This week is TTOC Appreciation Week and we certainly want to acknowledge the essential role TTOCs play in our organization. We all saw what the provincial teacher shortage did to the system and the people in it earlier this year. The people standing in that breach are our TTOCs, and we are very grateful for their efforts. Yesterday, we had an Ice Cream Social for TTOCs in Rocky Point Park. We had out CTA tent and flags out, EC members attended and TTOCs came by to receive free Rocky Point Ice Cream and socialize. It was a great success and we were very pleased to recognize our TTOCs in this way. If you have a TTOC with you in school this week, we encourage you to thank them for what they do and how they help us all.

In Solidarity Ken



TTOCs and Maternity/Parental Leave and other ESA Leaves

All members, including members working as TTOCs, should be receiving experience credit for any time on a statutory leave under the Employment Standards Act (ESA). The ESA provides for various statutory leaves but the one with the greatest impact on members' experience credit would be maternity/parental leaves, as they are the longest. If you took any leaves under the ESA, including a maternity/parental leave, while working as a TTOC, please contact our local office.



PD Power

IGNITE43 is back and we would love for you to join us for an evening of connection, learning, food, and socializing! In just over two weeks more than ten Coguitlam teachers will be sure to spark your inspiration as they share their five minute presentations around the theme of Reconnection. With topics ranging from the impact of a pet to meaning found in a great book, there is something for everyone. The evening is structured to ensure everyone has time to chat, enjoy the presentations, share ideas, and feast on some great food. We will start out with some appetizers, followed by a handful of presentations, then a buffet main course (including vegan and gluten free options of course), more presentations, a light dessert, and then the final few presentations. The cost of \$30 (for Coguitlam teachers and teacher candidates) can be put through a yellow form if you choose to do so. Spaces are filling quickly – register now to guarantee your seat: https://cvent.me/327x23. You will receive an invoice after you register and must make payment before the event!







ADULT CENTRED EDUCATION CONFERENCE

May 18 & 19, 2023 Coquitlam, B.C. www.aceconference.net

Executive Plaza Hotel Vancouver, Coquitlam 405 North Road, Coquitlam, B.C.

Full Conference: \$399 EARLY BIRD RATE until April 4, 2023 \$449 as of April 5, 2023. Groups of more than 5 - \$389 each

Thursday or Friday Only: \$259 EARLY BIRD RATE until April 4, 2023, \$292 as of April 5, 2023. Groups of more than 5 - \$249 each

 $\textbf{STUDENT TEACHERS WELCOME!!!} \ 40\% \ off \ registration.$

**Valid Student ID is required in advance of conference

To register or for more information visit www.aceconference.net or call 604.936.4261

ALL meals, snacks, refreshments and parking are included in the registration fee!

COMMITTEE FOR ACTION ON SOCIAL JUSTICE





CASJ Meeting

Thursday May 4, 2023 at 4:00pm

The meeting will be held in both the CTA office conference room and via Teams.

The agenda for the meeting is coming together. Stay in the loop by joining us on Teams.

CASJ Bookclub

We are looking forward to discussing Alice Wong's 'Year of the Tiger'. We still have books available for those wanting to join in the conversation. Feel free to reach out if you're interested. The next book club meeting will follow the next CASJ meeting.

No experience necessary, NEW MEMBERS WELCOME!! Please contact <u>Diether Malakoff</u> with any questions.

BCTF Pension seminars

Every Wednesday via Zoom

May 3: Extended health and dental benefits

May 10: Pension options

May 17: Relationship breakdowns

May 24: Injury, disability, and shortened life expectancy

May 31: TBD June 7: TBD June 14: TBD

June 21: TBD

June 28: TBD

All seminars will take place via Zoom from 4:30–6:00 p.m.

Zoom link:

https://us02web.zoom.us/j/87344950598? pwd=YWVqNkVvN25mRDBJTTA4aUJSZ1h3QT09

If members are not able to attend the live seminars, they may watch the pre-recorded webinars available on the BCTF website at the following link:

https://www.bctf.ca/topics/services-information/pensionsand-retirement

Please call the BCTF at 604-871-1949 if you have any questions related to the Teachers' Pension Plan, Canada Pension Plan, and/or Old Age Security Benefits.











TTOCS & New Teachers

TTOC Meeting

Next meeting Thursday, May 18, 2023 starting at 7pm via zoom.

Join us on Facebook at 'CTA TTOCs'. Come out and share your experiences with other TTOCs in the district. Get answers to questions and help others with theirs! Let us know if you have any feedback regarding matters important to TTOCs. (dmalakoff@cta43.org)

Contact Diether Malakoff dmalakoff@cta43.org if you have any questions.

BCTF Storling

Mental Fitness Course: Unwinding Anxiety with CBT and Mindfulness

presented by Tara Achkar Starling Minds Mental Fitness Coach.

Join this six-week workshop to learn the signs, symptoms, and manifestations of anxiety in your life and how to break the cycles of worry and fear to heal your mind and body.

Thursdays at 4:00 p.m. PT, from May 4 to June 8, 2023.

Why should I sign up?

Participants will join other educators across North America to engage the following topics:

- the nature and purpose of stress, fear, and anxiety
- its definition and role in your life
- the anatomy and science behind anxiety
- Mind-Body Anxiety Reduction Strategies to find your well-being again
- the power of treating anxiety with cognitive behavioral therapy and mindfulness.

How do I sign up?

Step 1: <u>Click here to register</u> for the six-week Mental Fitness Course: Unwinding Anxiety with CBT and Mindfulness.

Step 2: Use your BCTF Member ID (log in here to locate Member ID) and the access code (BCTFMEMBER or BCTFFAMILY)

Private and confidential at Starling Minds, our members' privacy and confidentiality are of the utmost importance. All of your personal information, answers, and interactions with Starling Minds are kept private and anonymous.

Failure to Fill

Please follow the link below to the CTA website where vou will find our fillable form. We are asking teachers to complete the brief form each time prep or service time is lost or recovered. When having our ongoing discussions with the Board regarding TTOC shortages our biggest tool is data.

Failure to Fill Tracking Form

If you have any questions on filling out the form please contact Diether Malakoff. 2nd Vice dmalakoff@cta43.org or 604-936-9971

Retirement Workshops Presented by the BCRTA

The last few BCRTA workshops for the year are coming up. Click here to register for a workshop now.

Workshop dates for 2023:

Wednesday, May 24, 2023 @ 7 PM Wednesday, May 31, 2023 @ 4 PM



May is Asian Heritage Month in Canada, a time to reflect on and recognize the many contributions that people of Asian origin have made and continue to make to Canada.

Check out the links below for resources and information.

Virtual Museum of Asian Canadian Culture Chinese Cultural Centre of Greater Vancouver Vancouver exploreASIAN Festival 2023 Asian Heritage in Canada

Government of Canada - Organizations and Educational Resources

Ahov hov everyone! My name is Ken Christensen and I'm the President of the CTA. I've been President for the last 7 years and have more than 20 years' union experience through my table officer roles and committee work. I am passionate about

advocating for teachers,



whether it be at the bargaining table, school budget meetings, community social justice issues, or the individual needs of any teacher who calls. When I'm not working, I love to spend time with my partner, Sandra and my two rescue rabbits, Andre and Hopscotch. When the weather gets warm, I also enjoy working on my cars, motorcycle, and drag racing at Mission Raceway.

Get to know your CTA Team



MULTICULTURALISM, DIVERSITY AND ANTI-RACISM ART CONTEST AND EXHIBITION



CALL FOR ARTISTS | DEADLINE 1 JUNE 2023

8 SEPT- 9 NOV 2023 | EXHIBITION AT PLACE DES ARTS CASH PRIZE | OPEN TO ALL AGES | FREE TO PARTICIPATE

#LOVENOTHATE #DIVERSITYEQUITYINCLUSION #ARTREFLECTIONS



ASIANIMPACTSOCIETY.COM







something to share?

Does your school have Send your articles, posters, photos etc. to Heidi hdavis@cta43.org and we will try to include it in a future newsletter.

Contact Us: www.coquitlamteachers.com CTA Office: 604-936-9971





Please see the list below for the officer or staff member best able to help you.

(Last names A-F) Ken Christensen, President kchristensen@cta43.org

(Last names G-L) Kara Obojski, 1st Vice-President kobojski@cta43.org

(Last names M-R) Diether Malakoff, 2nd Vice-President dmalakoff@cta43.org

(Last names S-Z) Meggan Crawford, PD Chairperson, Member Support mcrawford@cta43.org

CTA Administration

Kelly Roberts, Executive Director - kroberts@cta43.org

Accounting/Finance - PD Reimbursements, Scholarships & CTA newsletter

Heidi Davis, Finance Administrator - hdavis@cta43.org

Membership, Website Access, Committees
Kelly Stewart, Office Clerk - kstewart@cta43.org

CTA PD Day, Website Updates, CTA Lending Library Corbey Heyes-Jones, Office Clerk - corbeyhj@cta43.org

If your situation is already being handled by an officer not matching your alpha assignment, please continue to liaise with that officer.

COMMITTEE OPPORTUNITIES

CTA Standing Committees

CTA PD Committee

- 1 Middle Rep, 1 TTOC Rep, 1 CASJ
- 1 Learning Services Rep,
- 1 Member who identifies as Indigenous
- 1 Member who identifies as Black or a Person of Colour

CTA Teachers Teaching on Call Committee

- 8 Members-at-Large,
- 1 Member who identifies as Indigenous
- 1 Member who identifies as Black or a Person of Colour

CTA Committee of Action on Social Justice (CASI)

- 1 Secondary, 2 Middle Reps, 1 Member-at-Large rep,
- 1 Elementary Rep, 1 Member who identifies as Indigenous, 1 Member who identifies as Black or a Person of Colour

School District Advisory Committees

Student Services Advisory - 2 CTA Reps

Student Achievement Advisory - 1 CTA Rep

District Student Wellness & Safety - Currently Full

District Indigenous Ed Advisory - Currently Full

District French Advisory - Currently Full

District Technology Advisory - 1 CTA Rep

CTA Adult Educators

Currently Full

CTA Policy and Procedure Committee

- 1 CTA Member-at-Large
- 1 Member who identifies as Indigenous
- 1 Member who identifies as Black or a Person of Colour

CTA Scholarship, Awards and Bursary Committee

- 1 Cont. Ed. Rep. 1 Alt Ed Rep. 2 Additional CTA Members
- 1 Member who identifies as Indigenous
- 1 Member who identifies as Black or a Person of Colour

CTA BIPOC Educators' Committee

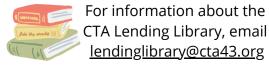
For more information, please email Ryan Cho.

New Westminster and District Labour Council

5 CTA reps

Teachers interested in any of these committees should go to our website or <u>click here</u> for a curriculum vitae form and submit it to the CTA Office (kstewart@cta43.org). If you have questions, call the CTA Office at 604-936-9971.

CTA LENDING LIBRARY



CTA Website Access

Information is posted on our website as quickly as we have it.

Please make sure you are able to access the site. SD43 email security settings may not allow a password reset online.

If you need to reset your password, please contact <u>Kelly Stewart</u>

