

# COQUITLAM TEACHERS' ASSOCIATION

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## President's Message

### Bargaining

CTA reps worked hard at the Bargaining Conference last week to discuss and shape objectives for Provincial Bargaining, which will take place at some point from February forward next year. The Bargaining Conference is always a lively and interrogative experience for all involved. There are EC recommendations, reports from various standing committees and local resolutions. All of this is fodder for discussion, amendment and decision. We do enjoy the dialogue and interplay of interests that show themselves in this setting. Inevitably, we can't get through everything in the course of even a 3-day meeting so, a bunch of items were referred to the Representative Assembly, which is taking place this coming Friday and Saturday. Thus, there will be another opportunity to refine these things into guidance for the Bargaining Team of the BCTF.

### Newsletter Day Change

As you can see and we announced last week, the newsletter is moving to mid-week delivery from this point forward. We feel that the newsletter dropping on people at the end of a long week may not be the best way to approach raising readership. So, thus we intend to try Wednesday delivery from this point forward to see if we can get more engagement with our content. Time will tell and we appreciate any thoughts and feedback on this change or any other aspect of the good ol' CTA newsletter.

In Solidarity,  
Ken

# CTA Rep Assembly

Wednesday, November 17th, 2021 4PM via Zoom  
Zoom links have will be sent closer to the meeting

## Agenda

First Nations Acknowledgement

1. Call to Order
  - Adoption of the agenda
  - Adoption of the minutes of the the Rep Assembly held September 29, 2021.
2. Ratification of Committee Appointments
3. Adjournment

# CTA General Meeting

Wednesday, November 17th, 2021 4:10 PM via Zoom  
Zoom links have will be sent closer to the meeting

## Agenda

1. Call to Order
  - Adoption of the agenda
  - Adoption of the minutes of the the Annual General Meeting held October 6, 2021.
2. Roy Krutow Scholarships (2 @ \$1250)
3. Bargaining [In-Committee] (K. Christensen)
4. President's Report
5. CTA Bylaw and Policy Motions
6. BCTF Fall Rep Assembly Update (Nov 5-6, 2021)
7. CTA Resolutions to the BCTF AGM 2022
8. Committee Reports
9. School Concerns
10. Prize Draw
11. Adjournment

## Executive Committee Openings

There are currently two vacant

### Member at Large

positions open on the CTA Executive Committee.

If you are interested in running for one of these positions please go to our website to get and submit a CV to Pat Adolf [padolf@cta43.org](mailto:padolf@cta43.org) by Nov. 8, 2021.

## CTA Anti Racism Working Group

The CTA is seeking 6 BIPOC CTA members to form a working group to inform the Committee for Action on Social Justice's (CASJ) ongoing anti-racism policy work. This working group shall continue until a CTA standing committee on anti-racism is established. Meeting dates/times will be established once the working group is formed. If you have any questions about the working group please contact Diether Malakoff, 2nd Vice President at [dmalakoff@cta43.org](mailto:dmalakoff@cta43.org). **Please submit a CV form to the CTA office ([padolf@cta43.org](mailto:padolf@cta43.org)) before 4 pm, Wednesday, November 3, 2021.**

## SUPPORT POSITION

**The CTA is seeking members interested in joining our team in the office.**

This position will be seconded to the CTA Office. Release time will be three (3) days a week running from November 29, 2021 to June 30, 2022.

Office hours are 8:30 am – 4:30 pm

(please note, your day may need to extend beyond that occasionally).

### The requirements of the Support Position include:

- Local union involvement
- Familiarity with CTA Bylaws & Policies and Collective Agreement

### The responsibilities of the Support Position include:

- Maintaining confidentiality
- Assisting the Released Officers & Executive Director

The successful candidate will have a high degree of interpersonal skills and the ability to deal effectively with confrontational and stressful situations.

**Interested members should submit a CV to [padolf@cta43.org](mailto:padolf@cta43.org) at the CTA Office by Monday, November 8, 2021 at 4:00 p.m.**



The BCTF has made some great changes to their website take a look [here](#)

# PD POWER

The PD Committee is still seeking workshop proposals for our February 25th, 2022 PD Day. We are excited to once again be collaborating with the Burnaby School district and to be focusing our day around themes of community, connection, perspectives, diversity, indigenous learning, and much more. We realize that virtual events have (and will likely continue to have) technical challenges, but at this point we do not think it is a realistic option to put a few thousand people together in a gym. We also recognize that the virtual space allows us to invite presenters from around the world and to include more voices in our learning than an in-person event. With all of that in mind, we are also looking at how we can improve the opportunities for us to connect with our colleagues on that day and both the CTA and Burnaby committees are busy brainstorming as we speak. If you or someone you know might like to present as a part of our day I encourage you to submit a workshop proposal via the form (<https://cvent.me/rvoYgQ>) and the committee will review your submission. This day has always been for teachers, by teachers, and we want to have as many Coquitlam teachers included in our day as possible.

## PSA Day Reimbursement

### What Now? Instructions and Tips for Quick Processing

1. Fill in the Conference Report ([click for link](#))
  2. Attach your receipt, if you can't find your receipt, check your quarantine/junk folder or contact your PSA
  3. Send your completed form and receipt (in Canadian currency) to [pd@cta43.org](mailto:pd@cta43.org) within thirty days of the event
  4. **DO NOT** send anything directly from the photocopier send it to yourself and forward with your name as the subject
- **Don't wait!** Get your documents in soon.

- **YES!** You do need to send your receipt in again (Conference report and receipt must arrive together)

- Email your documents to [pd@cta43.org](mailto:pd@cta43.org)
- **No need to send in school mail**
- **NO jpgs please!**
- **NO Sharepoint Documents!**

## CTA PD DAY

### Presenter Registration is OPEN!!

# 2022

If you know someone that would be a great presenter for our February 2022 PD Day let us know or encourage them to offer a workshop. Get more information or register [here](#)



## THE WELL TEACHER

The Well Teacher Group is a program that focuses on developing tools and skills related to improving teachers' vitality and resiliency. This holistic approach to wellness will equip teachers to make lifestyle changes that will positively affect their physical, mental, and emotional well-being. All groups are virtual and facilitated by trained health consultants.

The groups will focus on the following areas:

Discussions on the challenges facing teachers in maintaining wellness and balance, and how to improve these areas both with goal setting and commitment to self.

Discussions on physical health challenges facing teachers—such as pain, fatigue, ergonomics, and voice.

The opportunity for teachers to examine their own levels of burnout and mental health, and to utilize tools to assist with managing negative thinking.

Development of an individual wellness plan, with goals specific to each participant, based on the information and strategies discussed throughout The Well Teacher Group.

Additional information is available on our website: [www.bctf.ca/advocacy-issues/member-supports#well-teacher-groups](http://www.bctf.ca/advocacy-issues/member-supports#well-teacher-groups).

[Click here to register](#). Please make sure to include the local or locals the workshop is being offered in on the final line of the form.



Local(s) participating: 42 and 43  
Name of presenters: Christy de Bulnes and Darby Eakins  
Workshop dates: Tuesdays beginning November 2 to December 7, 2021  
Time of workshop: 4:00–6:00 p.m. PST





**COMMITTEE FOR  
ACTION ON SOCIAL  
JUSTICE**

**CASJ Bookclub** will be meeting on the first Thursday of each month this year.

We will be starting the next series focusing on Mariame Kaba's "We Do This 'Til We Free Us". We will meet on **Thursday Nov 4th at 4pm** to discuss Part 1 of Kaba's book. Meetings will run online via Teams while also having the option to meet in-person at a site that has yet to be determined.

Join us on teams to keep up with things as they develop.

**Next committee meeting will be Thursday Nov 18 at 4pm on Teams.**

We are moving forward with hosting a virtual/hybrid movie night, finishing touches on details to be done at this meeting. The committee will have received feedback from CTA regarding ongoing work on the Anti-Racism Advisory Committee by this time and work will continue there as well. **NEW MEMBERS WELCOME!!** Come on out and bring a friend!!

**You can connect with us on Facebook at 'CTA CASJ' group as well as joining our group on Teams.**

**Please contact Committee Chair Karen Learmonth or CTA liaison Diether Malakoff with any questions.**

## Moments of Joy

**Let's get back to celebrating the moments that make us smile, laugh, and enjoy our days - send Moments of Joy to [mcrawford@cta43.org](mailto:mcrawford@cta43.org) and they might be shared in our next newsletter!**

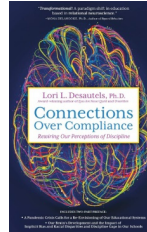
When a helicopter pilot spotted someone sweeping a big space they decided to help out: helicopter pilot spots man sweeping floor so decides to help - YouTube

10 years ago a company reforested this section of an Oregon forest and thanks to the careful planting of some larch trees a smiley face has greeted drivers on the nearby road ever since: Giant Smiley Face Appears In Oregon Forest Every Year To Greet Drivers - The Rainforest Site News ([greatergood.com](http://greatergood.com))

This school was struggling with fighting among students until this group of Dads on Duty started showing up each day: Dads spend time in Louisiana high school after 23 students were arrested in string of violence - CBS News

## Connections Over Compliance Rewiring Our Perception of Discipline

In this two-part series, Dr. Desautels will address the need for co-regulatory and relational touch point practices, shifting student-focused behavior management protocols to adult regulated brain and body states which are brain aligned, preventive, and relational discipline protocols. This new lens for discipline benefits all students by reaching for sustainable behavioral changes through brain state awareness rather than compliance and obedience.



**Session 1 November 22, 2021 3:30 – 4:45**

Introductory Session and Teacher Brain State

**Session 2 January 6, 2022 3:30 – 4:45**

Attachment and Touchpoints

Registration Link is [here](#)

Zoom link will be shared the day before and updated in the outlook invitation you will receive once you've registered.

Last day to register is Monday November 15th, 2021  
Contact [Rachel French rfrench@sd43.bc.ca](mailto:Rachel.French@sd43.bc.ca) with any questions.

## TTOC COMMITTEE

**Next committee meeting will be on  
Tues January 11, 2022 at 4pm via zoom.**

In the meantime, connect with us on Facebook to join our community at 'CTA TTOCs'.

Those in formalised roles in the TTOC committee are looking to transition from those roles, we need more folks to get involved. If you or anyone you know would like to get involved, please do reach out.

Anyone who is working as a TTOC, even if they have a part-time contract, are eligible for membership in the TTOC committee. If you know someone who comes to mind as a good candidate, please send us the names and we'll do some shoulder tapping.

There are some opportunities for paid work in getting involved with the TTOC committee and many more opportunities to learn about your rights and getting involved in advocacy efforts.

**Please contact committee chair Morgan McKee ([chair.ttoc@gmail.com](mailto:chair.ttoc@gmail.com)) or Diether Malakoff ([dmalakoff@cta43.org](mailto:dmalakoff@cta43.org)) with any inquiries.**

# COMMITTEE VACANCIES

## CTA PD Committee

2 Middle Reps, 1 Secondary Rep, 1 LSA Rep  
2 Elementary Reps, 1 Adult Ed Rep, 1 TTOC Rep

## CTA Teachers Teaching on Call Committee

5 members-at-large

## CTA Committee of Action on Social Justice (CASJ)

2 Middle reps

## New Westminster & District Labour Council

5 CTA reps

## CTA Adult Educators

1 Learning Centre Rep, 1 High School Completion Rep

## District Student Services Advisory Committee

2 CTA reps

## District Student Achievement Advisory Committee

1 CTA rep

## District Student Wellness & Safety Committee

1 CTA Rep

## District Aboriginal Ed Advisory Committee

Currently Full

## District French Advisory Committee

Currently Full

Teachers interested in any of these committees should go onto our website or click here for a curriculum vitae form and submit it to the CTA Office ([padolf@cta43.org](mailto:padolf@cta43.org)). If you have questions, call the CTA Office at **604-936-9971**.

## Contact Us:

Please see the list below for the officer or staff member best able to help you.

**(Last names A-F)** Ken Christensen, President  
[kchristensen@cta43.org](mailto:kchristensen@cta43.org)

**(Last names G-L)** Kara Obojski, 1st Vice-President  
[kobojski@cta43.org](mailto:kobojski@cta43.org)

**(Last names M-R)** Diether Malakoff, 2nd Vice-President  
[dmalakoff@cta43.org](mailto:dmalakoff@cta43.org)

**(Last names S-Z)** Andy Gilligan, Labour Relations Officer  
[agilligan@cta43.org](mailto:agilligan@cta43.org)

### PD related questions

Meggan Crawford, PD Chairperson - [mcrawford@cta43.org](mailto:mcrawford@cta43.org)

### CTA Administration

Kelly Roberts, Executive Director - [kroberts@cta43.org](mailto:kroberts@cta43.org)

### Accounting/Finance

Reimbursements, scholarship payments & CTA newsletter  
Heidi Davis, Finance Administrator - [hdavis@cta43.org](mailto:hdavis@cta43.org)

### Scholarships, Committees, CTA PD Day

Pat Adolf, Administrative Associate - [padolf@cta43.org](mailto:padolf@cta43.org)

### Membership Database & Website Access

Kelly Stewart, Office Clerk - [kstewart@cta43.org](mailto:kstewart@cta43.org)

### Office Clerk

Corbey Heyes-Jones, Office Clerk

If your situation is already being handled by an officer not matching your alpha assignment, then please continue to liaise with that officer.



### How EFAP Can Help

Information to help with work and life  
Confidential · Immediate Assistance · 24/7/365  
Morneau Shepell · 1-844-880-9142  
[workhealthlife.com](http://workhealthlife.com)

### Questions about your pension?

Go straight to the source for answers.

<https://tpp.pensionsbc.ca/pension-basics>

### Online workshops and learning

<https://tpp.pensionsbc.ca/learning-resources>

### Retirement Health Coverage

<https://tpp.pensionsbc.ca/retirement-health-coverage>

### CTA Website Login

Information is posted on our website as quickly as we have it. Please make sure you are able to access the site. If you have any questions about login please contact [Kelly Stewart](#)

[www.coquitlamteachers.com](http://www.coquitlamteachers.com)

CTA Office: 604-936-9971

