



2019 CTA PD Day:

All Work and No Play...Creating Balance

Friday, February 22nd, 2019

Pinetree Secondary

3000 Pinewood Avenue
Coquitlam, BC V3B 7Y7
hstibbs@cta43.org

Event Schedule

Doors Open

7:30 am

Welcome and Opening Remarks

8:15 am

Keynote Speaker - Charlie Demers

8:30 am

Session A

10:00 am – 11:30 am

Nutritional Break

11:30 am – 12:00 am

Session B

12:00 am – 1:30 pm

Session C

10:00 am – 1:30 pm

**Locations and Schedules may vary -
please check your information carefully**

Coffee, Tea and snacks will be served throughout
the day at Pinetree Secondary.

Nutritional Break will be provided

Please bring water bottles and mugs to cut down on waste
and make refills easy.

Sessions by Theme/Subject Matter

Aboriginal Education

Session A

#EdCamp

Discover Indigenous, edible, wild, and medicinal plants growing outside the school yard

First Peoples' Principles & Experiential Learning with Fresh Roots

Indigenous Math Activities

Session B

Indigenous Math Activities

Soapstone Carving

Story telling using Coast Salish elements of design

ADST

Session A

#EdCamp

Blender Basics

Effective IOS Apps for differentiating instructions and playing with Micro:bits

Integrating Scratch Jr. iPad app into your curriculum

Making Class Books with Power Point

One Note Class Notebook Tips and Tricks

Solve Real World problems with Micro:bits

When Pen and Paper Don't Work

Session B

Blender Basics Textures and Lighting

Introduction to MS Sway

Introduction to Office 365 and OneDrive

Make Thinking Visible with the iPad

Session C

Technology Tools that Support Executive Functioning

Arts Education

Session A

#EdCamp

Maker Me Mixed Media

Painting on Canvas

Teaching Hip Hop Dance in Elementary/Middle Schools

Session B

Exploding Emotions Book Making

Painting on Canvas

Soapstone Carving
Story Telling using Coast Salish Elements of Design

Session C

Connecting Heart to Hands: Choral Conducting Mentoring
Introduction to Art Journaling

Humanities

Session A

#EdCamp
BC History: The Voice of the Working People
Building Better Writers
Great New Books for Classroom Teachers, Across the Curriculum
Making Class Books with Power Point
New English Secondary Curriculum: no problem!
Using Show Biz Magic to tell Stories
When Pen and Paper Don't Work

Session B

Building Better Writers
Co-Teaching with Excellence in Writing
Finding Life with award winning Canadian filmmaker Elia Saikaly and NGO, Under the Same Sun
Metaphorical Thinking: How are you like a tree?
Researching the Great War Museum Tour
Story Telling Using Coast Salish elements of design
The Power of Extreme Writing! Creating Eager and Fluent Writers

Session C

Collaborative Storytelling Through Dungeons & Dragons!!!
Ready, Set...Story!
The Write Balance

Inclusion

Session A

#EdCamp
Creating Visual Schedules for Pre-Symbolic Language Learners using Concrete Real-Life Objects
Executive Functioning – From Theory to Interventions that Work
MACC Teachers Community of Learning
When Pen and Paper Don't Work

Session B

Building Classroom Community through Cooperative Learning
Identification, Screening and Testing Gifted Students & the Canadian Cognitive Abilities Test 7
Including ELL's in Academics
Integrating the Core Competencies into your Resource Program
Let's Talk About Universal Adaptations in High School

Students with Anger and Stress Challenges Can be Helped. Learn How!

Tier 1 Executive Function/Self Regulation Strategies

Understanding the Superfeeler in Your Classroom

Session C

Strategies for Elementary and Middle School Students that Struggle with Executive Function Skills

Technology Tools that Support Executive Functioning

Universal Design for learning (UDL) and the Guiding Principles to Inform our Teaching Practice

Inquiry

Session A

#EdCamp

Design Thinking & Inquiry

From Teacher-Guided Inquiry to Student-Driven Inquiry

Quick Practical Inquiry! Harnessing the Brain Power of Your Class

Thinking Classrooms

Wonder in the Primary Classroom

Session B

Afternoon Ignite!

Design Thinking Across the Classroom

From Teacher-Guided Inquiry to Student-Driven Inquiry

Genius Hour in the Elementary Classroom

Supporting Inquiry as a Teacher Librarian

Languages

Session A

#EdCamp

Creating Visual Schedules for Pre-Symbolic Language Learners using Concrete Real-Life Objects

Language Games for the Classroom

RELI: Ressource d'évaluation de la lecture en immersion

Verbathon: How to Have Fun with Verbs and Grammar!

Session B

Fun with Skits, Dialogues, and Games (Core French)

Including ELLs in Academics

Verbathon: Comment s'amuser avec les verbes et la grammaire!

Math & Science

Session A

#EdCamp

Design Thinking & Inquiry

Desmos Project – Secondary Math

Discover Indigenous Edible, Wild, and Medicinal Plants Growing outside the School Yard

First Peoples' Principles & Experiential Learning with Fresh Roots

Indigenous Math Activities

Thinking Classrooms 1

Session B

Assessing Computational Thinking Through Cross-curricular activities

Changing Assessment in a Changing Curriculum

Discover Indigenous Edible, Wild, and Medicinal Plants Growing outside the School Yard

Global Warming: What are the Next Generation Facing?

Science ALIVE STEM

Using Salmon Throughout the Curriculum

Session C

Grade 4/5 Integrated Resource Unit on Mining

Grade 7/8 Earth Sciences Resource Unit

K-3 Integrated Resource Unit: Kids & Rocks

Physical & Health Education

Session A

#EdCamp

Assessment of the Physical Literacy Elements in the PHE Curriculum

Steering Youth Away from Danger

Teaching Hip Hop Dance in Elementary/Middle Schools

The “Neural Warm Up” How to Utilize Movement to Stimulate Your Brain

Session B

Gym is Not a Class, It’s Where You Learn PHE

Hot Yoga – Detox for Mind and Body

MOKITA

Psychoactive Substance Use

The “Neural Warm Up” How to Utilize Movement to Stimulate Your Brain

Session C

BC Rugby Referee Certification

SEL

Session A

#EdCamp

Compassion Projects: Nurturing Core Competencies

Executive Functioning – From Theory to Interventions that work

Exploring Well Being through the use of Heart Maps

Love Is Love Isn’t (Preventing Pre-Teen/Teen Relationship Abuse)

Noticing, Nurturing and Sustaining Flourishing in Schools

Playnote: Experiential Approaches of Social Emotional Learning

Spirit, Balance, & Boundaries

Training the Brain – Wellness and the Learning Experience

Working with edgy topics in your classroom

Session B

Building Classroom Community through Cooperative Learning

Integrating the Core Competencies into your Resource Program

Introduction to Restorative Practices

Learning to Flourish

Students with Anger and Stress Challenges Can be Helped. Learn How!

Teaching Privilege in the Middle and High School Classroom

The S 3L R Method: A Teacher/Student Strategy – Building Hope and Belief in Their Future

The Social Emotional Learning Toolbox (Gr. K-3)

Tier 1 Executive Function/Self Regulation Strategies

Understanding the Superfeeler in Your Classroom

Session C

Drawing out Competencies

MPowered Mindfulness & Play – Creating Balance

Strategies for elementary and middle school students that struggle with executive function skills

Technology tools that support Executive Functioning

Teacher Toolbox

Session A

#EdCamp

“I wish I’d learned that in teacher training”

Quick Practical Inquiry! Harnessing the Brain Power of Your Class

Thinking Classrooms

Session B

Afternoon Ignite!

Building Classroom Community through Cooperative Learning

Changing Assessment in a Changing Curriculum

Design Thinking Across the Curriculum

Introduction to Restorative Practices

Simple Teacher Hacks That Work!

A Sessions- Morning Only Sessions

[A #EdCamp43](#)

Susan Henderson and Phillip Barrington

Looking to join professional conversations? Are you passionate about a topic area and want to meet with others? #EdCamp43 is for you!

What's an EdCamp?

Ed Camp is a session where teachers meet to discuss shared interests, success stories, and more as they branch off into various groups based on what the participants are interested in. Bring what you're passionate about to share with your colleagues or come with your questions and hope to find some answers. Ed Camp offers you the opportunity to shape your pro-d into what you need it to be in the moment.

Specialty Teachers welcome!

[A Assessment of the Physical Literacy Elements in the PHE Curriculum](#)

Steve McGinley and Joanna Sheppard

Steve McGinley and Dr. Joanna Sheppard are two of Canada's leading experts in the movement towards Physical Literacy. As educators, they have particularly good insight on how to observe and assess elements of Physical Literacy. As academics they have very strong understanding of challenges and opportunities for teachers as they tackle the complexities of the revised BC Curriculum.

The workshop will address the ways formative assessment can be converted to communication of student learning. What's worth assessing? How do we report on it? How are these changes going to affect the way I do work in my school?

Participants to bring comfortable clothes and shoes.

[A Blender Basics](#)

Drew Sturrock

Drew Sturrock has been a teacher in Coquitlam since 2001. Over the last 3 years he has developed an elective/explorations class that meets the needs of all levels of computer users. In the two sessions he presents at this conference, he will be happy to share some of the ideas and problems he has had building this new exploration/elective class.

This session is for the complete beginner. Blender is the free and open source 3D creation suite. It supports the entirety of the 3D pipeline—modeling, rigging, animation, simulation, rendering, compositing and motion tracking, even video editing and game creation. In this session we will look at basics of 3D modeling in Blender and how to use the Blender software. This will be a hands-on session. We will explore the software together and you will also have time to build your own projects with your new skills. This session will be geared toward teachers that are looking to add new projects to their bag of tricks, explorations/computer teachers looking to expand possible projects, or anyone wanting to

design things for a 3D printer.

Participants must have a basic understanding of using a computer - can you use a mouse and save things to OneDrive?

A BC History: The Voice of Working People

Wayne Axford

Wayne is the past-president of the BCSSTA and a mostly retired teacher from the Burnaby School District. He has served as a Department Head and has been involved in a number of provincial curriculum and assessment projects. He is the education liaison for the Labour History Centre.

The Labour History Project is a joint initiative of the BCSSTA and the Labour Heritage Centre. The LHP has produced a wide variety of teaching materials to support the teaching of BC history from the perspective of working people; those people who built this province. This workshop will introduce teachers to the collection of free print and video materials that can be applied to the teaching of Social Studies 9, 10, BC First Nations 12 and Social Justice 12. In addition there are teaching materials to support instruction on workplace safety, a component of Career-Life Education. The materials of the workshop address the core competencies and learning standards of the new Social Studies curriculum.

Participants encouraged to bring a device to connect to the internet to fully examine the resources that will be presented in this session.

A Building Better Writers (Grades 6-12)

Mark Smith

Mark David Smith has written for journals, newspapers, and marketing companies, and recently had his first novel for teens, *Caravaggio: Signed in Blood* (Tradewind Books), published in Canada, Australia, the U.K. and the USA. He is a member of Children's Writers and Illustrators of BC, and has taught English for 22 years. He recently made the switch from Burnaby to SD43 and loves his new commute.

Writing is art, but we can approach it like a science. All good writing relies on structures and principles which we must teach explicitly. The difference between emerging and developing writers is their ability to conceal those "rules" within a work so powerful that we forget those structures exist. Learn to break down the principles you want to teach so students can engineer their writing piece by piece.

Participants can bring questions about student writing; writing paper or a laptop.

A Compassion Projects: Nurturing Core Competencies

Liliana Pesce

Liliana is currently involved in 2 community projects; her students volunteer at an assisted living facility participating in a "buddy" program with elders and they also spend time at an Early Learning Centre working with 3-5 year olds. Liliana will share experiences about nurturing empathy and compassion skills with students.

This heartfelt workshop is based on two class community projects that incorporate learning opportunities and core competencies throughout students' experiences. Learn how to

organize connections between your class and the community to help increase students' sense of purpose, pride, confidence, engagement and joy. Come and see how we can encourage, stimulate and foster compassion as well as create future leaders and caregivers.

A Creating Visual Schedules for Pre-Symbolic Language Learners Using Concrete Real-Life Objects

Sharon Henderson, Janene Seabrook

Sharon Henderson is a Vision Resource Teacher in Coquitlam. Janene Seabrook is the Vice-Principal and Deafblind Program Teacher @ BC School for the Deaf.

Target audience - Educators supporting students with BC SPED Designations A (Dependent Handicaps) and B (Deafblindness) and other students with language skills at the pre-symbolic or beginning symbolic stage.

Visual schedules are used frequently within inclusive classes. Rather than words and pictures, this workshop will provide a framework for developing and assessing the use of concrete real-life objects within a Visual Schedule system.

Participants required to bring an open mind, and any 3D or concrete objects that you have tried and would like support with (optional)

A Design Thinking and Inquiry

Karen Lee

Science World is committed to supporting teachers and learners throughout B.C. in STEAM (science, technology, engineering, art & design, and mathematics) teaching and learning.

The Design Thinking process is aligned with the new Applied Design, Skills, and Technologies (ADST) curriculum and focuses on risk-taking and embracing action-oriented solutions. This process can further enrich educators' roles as facilitators of student inquiry. Join us as we delve into the Design Thinking process while engaging in a hands-on design activity and exploring how we might structure design thinking challenges. New for 2018/19 this workshop may also explore computational thinking as a problem-solving strategy in inquiry-based learning.

A Desmos MathArt

Trisha Hubbard, Erica McArthur, Ronak Pahlevanlu

Erica, Trisha, and Ronak currently all teach math 9-12 at Riverside Secondary. Erica has been a teacher in Coquitlam for 15 years. She has a Masters in Educational Leadership. Trisha has been teaching for 22 years. She has a Masters in Mathematics Education. Ronak has been teaching in the Coquitlam school district for 6 years. She has a Bachelor of Science in Mathematics and a Bachelor of Education in Secondary Mathematics.

In this workshop, we will present how desmos.com can be used to provide students with opportunities to explore or apply their knowledge of functions in a creative way that integrates Art and Math. Examples, criteria and a rubric will be shared for projects done in Math 10 and Pre-Calculus 12. The projects provide an opportunity to understand the

usefulness of functions notation, domain & range restrictions and to get creative with transformations, sums, products and compositions of functions in a fun engaging way. Participants will have a chance to create their own math art to familiarize themselves with desmos.com and learn how to create folders, shade, animate, import images, save and share projects.

Participants to bring a device with a keyboard.

A Discover Indigenous, Edible, Wild and Medicinal Plants growing outside the School Yard

Lori Snyder

Lori Snyder is a Metis herbalist who works as First Nations resource person specifically teaching elementary and secondary school children about nutrition, anatomy, gardening and urban foraging through her indigenous lens.

In this workshop we will venture outside to discover who is growing with us and how we can engage with our living world. Discover wild, native, edible and medicinal plants and how we can incorporate these teachings into our classrooms.

Participants required to bring notebook.

A Effective IOS Apps for Differentiating Instructions and Playing with Micro: Bit

Dario Demetlika

Dario is a long standing member of Division 12 (formerly 11, 10 and 13), a tiny hamlet at James Park Elementary. Transitioning from rotary phones and overhead projectors, Dario's classroom now uses technology to differentiate learning, open up the world of coding and capturing thinking and learning through digital documentation.

Elementary teachers will be able to use a variety of IOS apps for differentiating instruction and capturing learning in a variety of settings. With Micro: Bit, teachers will be able to build their capacity for coding while uncovering the potential of this popular coding device.

Sponsored by Technology Support Teachers (TST)

A Executive Functioning – From Theory to Interventions that Work

Janet Kidd

Janet Kidd School Psychologist

Current definitions of Executive Functioning will be reviewed, followed by ideas about how to assess, and more importantly how to provide interventions to build specific executive functioning skills.

A Exploring Well Being Through the Use of Heart Maps

Rachel French and Marna MacMillan

Marna and Rachel work collaboratively in School District 43 Learning Services to develop and support Social Emotional Learning and Mental Well Being in education. They are passionate

about facilitating connections between the heart and the mind for educators and students.

This hands on workshop will use Heart Maps (Georgia Heard) to understand and explore our own well being as educators. Originally used for Language Arts, Heart mapping is a metaphor for what all writers know: to write is to delve into what matters to us, to keep our feelings alive, to be vulnerable, to tell the truth, to question, and to speak what many people only keep inside. This framework will also be a useful tool for students of all ages to develop an understanding of their own well being.

A First Peoples' Principles & Experiential Learning With Fresh Roots

Meggan Crawford, Gray Orion, Marc Schutzbank

Fresh Roots works towards Good Food For All—a world where every youth has access to healthy land, food & community. Executive Director Marc Schutzbank helps schools think outside the classroom and supports creativity. Gray, a co-founder of Fresh Roots & Project Manager of the Earth Spirit Medicine Garden & Healing Forest, works with youth in school market gardens to increase food literacy.

The new curriculum emphasizes First Peoples Principles of Knowing through hands on experiential learning but how do instructors do that? Join Fresh Roots (freshroots.ca/about) and Suwa'lkh School staff to get inspired and connect to hands on learning.

Cost is \$10/per participant. Participants will be sent an email with payment instructions. Maximum 20 Participants.

Sponsored by the Aboriginal Education LSA.

A From Teacher-Guided Inquiry to Student-Driven Inquiry

Joanne Holme

Joanne Holme is a passionate educator and consultant. As a classroom teacher, Joanne was committed to empowering all students to become confident and strategic readers, writers, thinkers and oral communicators. In addition to her classroom experience, Joanne was a Literacy Helping Teacher with the Surrey School Board, where she supported teachers in the area of literacy instruction.

Inquiry learning is anchored in our curiosity and an innate desire to make sense of the world around us. This interactive session will examine inquiry based pedagogies to guide, support and empower students to learn through curiosity, critical thinking and reasoning. Come and explore the powerful effects of provocations, investigations and questioning that invite students to engage in deep thinking and inquiry.

A Great New Books for Classroom Teachers, Across the Curriculum

Susan McGuigan

Susan has been the manager at Kidsbooks North Vancouver for 22 years, following another 22 years with other bookstores. She is also the book buyer for Kidsbooks in Vancouver. Susan is an avid reader and a lover of books who loves connecting great literature and information with classroom teachers.

A presentation of new picture books, non-fiction titles, and novels for beginning readers through Middle School.

A “I Wish I’d Learned that in Teacher Training”! Navigating Relationships and Reactions with Parents

Alison Bell

Alison Bell is a Registered Clinical Counsellor and the clinical director at Alison Bell and Associates Counselling Group and the Connected Change Therapy Centre in Surrey, BC. She has been providing counselling services to children, adolescents and their families most of 2 decades and has had the pleasure of working with many students, families and teachers to support social and emotional well-being in all areas of their lives.

This workshop will provide practical strategies to understand and navigate the challenging dynamics and relationship with parents through an emotion-focused lens. From minimization and denial of issues, to criticism and hostility, teachers will become more aware of their own responses, and gain skills to respond in ways that contribute to the best outcome with students and families.

Sponsored by the SD43 ECTA LSA

A Indigenous Math Activities

Lori Bernard

Lori has been teaching Math in Burnaby for 25 years. She currently teaches math in both English and French at Cariboo Hill. She is a mother, wife, and sailor, though that order is fluid!

How can you incorporate Indigenous content into your math classes in a way that feels natural, not contrived? She has a variety of activities and projects that work in multiple levels of Math classes that do just that. This workshop will demonstrate a games unit and other activities and explore how to expand or simplify each one to fit your needs.

Participants please bring open minds and a willingness to participate.

A Integrating Scratch Jr. iPad App Into Your Curriculum

Chris Loat

For the last seven years, Chris Loat has worked as a teacher consultant for technology in SD38 (Richmond) helping K-12 teachers integrate technology into their curriculum. Prior to this, he taught for 17 years in the classroom from grades 2-7. He is an Apple Distinguished Educator and Apple Learning Specialist who loves seeing students leverage technology to share their learning in creative ways.

In this session, participants will learn how to use the block-based coding app Scratch Jr. and ideas of how this app can be integrated into different curricular areas for elementary grades. We will specifically examine how this integrates with the ADST curriculum and the core competencies and how this can be documented as a student self assessment. This is a hands-on session, so come prepared to create.

There will be a class set of iPads available for use, with the apps loaded that are needed for this session. Participants are welcome to bring their own iPads if they prefer.

Sponsored by the CUE43 LSA

A Language Games for the Classroom

Caz Davidson

Caz Davidson is a Coquitlam EAL District Coordinator.

Have fun while learning new vocabulary! Games for all levels of language learning.

Sponsored by the TESOL43 LSA

A Love Is - Love Isn't (Presenting Pre-Teen/Teen Relationship Abuse)

Steve Andrews

Steve, well known for his Anti-Bullying work, has been working with children/youth for over 25 years. Aside from teaching CYCC and working in mainstream and alternate schools as an instructor/counsellor he has had extensive experience working in the field of "Abusive". He is pleased to share effective strategies to assist students in recognizing and avoiding toxic and/or abusive relationships.

This interactive workshop will guide teachers working with pre-teen/teen age students to assist them in both recognizing and preventing abusive relationships. Participants will learn to talk effectively to students about abuse covering; Identifying an abuser, physical, psychological, emotional and even sexual abuse. This sensitive but very relevant topic can help students to prevent and when necessary leave an abusive relationship. Participants can bring laptop or paper to take notes if they wish.

A MACC Teachers Community of Learning

Robyn Chambers

Robyn Chambers is a Coordinator of Gifted Education.

Closed Group - for MACC (Multi Age Cluster Class) teachers only.

A Maker Me Mixed Media Workshop

Wendy Anderson

Wendy Anderson (Bachelor of Design) is the Visual Art Education Coordinator and an Art Educator at the Evergreen Cultural Centre where she has been instructing and providing art experience field trips since 2005. Wendy's passion for, and knowledge of visual arts and the creative process is demonstrated in her ability to engage students of all levels.

Visit us across the street at the Evergreen Cultural Centre, destination for hundreds of field trips in drama and the visual arts every school year. We're located next to the LaFarge Lake Douglas Skytrain station. We'll Take a peek behind the scenes in our Art Gallery space - currently in changeover to a new exhibition, and our theatre and studio spaces. Then come to our pop up maker studio and enjoy a session creating an art project with mixed media (recyclables, collage and paint).

This workshop is offsite: 1205 Pinetree Way, Coquitlam, BC

A Making Class Books with Power Point

Jasmine Pilling

Jasmine is a kindergarten teacher at Cedar Drive Elementary. She loves to make literacy fun with class books, using her students' pictures.

You will learn how to use PowerPoint templates or create your own to make a class book. It is helpful, but not required if you already have photos of your students on a flash drive or on the cloud.

Participants please bring a flash drive or you can save using Office 365.

A New English Secondary Curriculum: No Problem!

Tanya Dissegna and Greg Sutherland

Tanya holds a Master of Educational Leadership Degree and has served on various Local and District Committees in the areas of advocacy and curriculum development. Greg is a teacher, Métis-scholar, researcher, and regular presenter at district and post-secondary venues, including conferences at UBC, U of C, U of T, SFU, and UVic.

Attendees will leave with documents for planning around Big Ideas and curricular competencies, page at a glance documents and ways to involve parent, student, and teacher voice in communicating growth in English competencies. The session will also examine some strategies for implementing First Peoples' protocols and pedagogies for the English classroom.

Sponsored by the English LSA

A Noticing, Nurturing and Sustaining Flourishing in Schools

Dr. Sabre Cherkowski

Sabre Cherkowski is an associate professor and Director of the Centre for Mindful Engagement in the Faculty of Education at the University of British Columbia, Okanagan campus. She teaches and researches in the areas of leadership and organizational development; professional learning and teacher development; and diversity and education. She is completing a three-year research project on flourishing in schools, examining teacher wellbeing from a strengths-based, appreciative, positive organizational perspective. She is currently researching positive school leadership as a catalyst for school improvement.

In this presentation, Dr. Sabre Cherkowski will provide an overview of her recently completed research on teacher wellbeing. Drawing on her recent publications emerging from this research, Dr. Cherkowski will offer theoretical insights and practical experiences to shift mindsets and build capacities for growing wellbeing in schools.

A OneNote Class Notebook Tips & Tricks

Simon Kwok

Simon is a teacher in Eagle Mountain Middle School and has been part of the district's Technology Support Team for the past 2 years, helping teachers integrate various technology into their classrooms. He believes that learning, making connections, and engagement go hand in hand - As students are engaged with what they do, they are bound to learn something which allows for connections to be made. This in turn will engage students even

more. As a result, he strives to use digital technology as an entry point for student engagement.

Now that you've had some experience working with a OneNote Class Notebook, come to this session to get some tips and tricks on how to organize and deliver your curriculum more efficiently. There will be time allotted for Q&A, so bring your questions!

This is a workshop for intermediate to advanced users of Microsoft OneNote as basic knowledge of the tool is required.

A Painting on Canvas Workshop

Lauren Albrice

Lauren is a Coquitlam based landscape artist who provides easy step by step fine art painting workshops to groups of students from Kindergarten to grade 12, as well as groups of teachers, Corporate groups and private paint nights/days. She has been doing the workshop for over 10 years in the Coquitlam and Maple Ridge school districts.

The workshops are a fun, easy, step by step process using Acrylic paints on canvas. This year we will focus on the balance of black and white/light and dark, to create paintings depicting the simple beauty that is created by the sun shining through the snowy landscape of Manning Park, BC.

Participants please bring a large painting shirt to protect your clothes. Aprons are provided but they don't cover everything, acrylic paint does not wash out of clothes.

Cost is \$10/per participant. Participants will be sent an email with payment instructions.

A PlayNote: Experiential Approaches of Social Emotional Learning

Sheldon Franken

Sheldon Franken (B.Ed, M.A.) is a school counsellor for the Vancouver School Board and the workshop facilitator and owner of Inquiry Adventures. Sheldon has been on the Association of Experiential Education NW Regional Council. Sheldon is known for his activity based and hands-on learning style of facilitation. Sheldon has presented workshops and Keynotes on active and experiential social-emotional learning to educational and wellness organizations across North America.

This PlayNote session is not a traditional sit & listen workshop. Participants will explore a variety of experiential approaches to enhance student engagement and understanding in social and emotional learning. This hands-on PlayNote will also explore different methods of cooperative group facilitation and debriefing. The goal is for all attendees to be able to bring back experiential social emotional learning tools and ideas that they can use immediately in their schools.

A Quick Practical Inquiry! Harnessing the Brain Power of Your Class

Diana Cruchley

Diana Cruchley is an award-winning educator and author who has taught at both elementary and secondary levels. She is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

Does Inquiry seem complicated and time consuming? This model is simple, quick, easy, and powerfully effective. After a provocation that “pokes” brains to think, students collect great questions, individually investigate, and construct “data”, then share their results to answer the original “I wonder” questions they posed. It’s fun! It doesn’t take much time! It’s practical – the same model works over and over. Diana has created many resources for you to access. Detailed handout.

Participants required to bring flashcards if you wish, to take away ideas you might want to use.

A RELI: Ressource d'évaluation de la lecture en immersion

Sophie Bergeron

Sophie Bergeron is the Language and Culture Coordinator for SD43. Sophie has contributed to the development of curriculum and is an active advocate for French as a second language education. She is currently president of the Provincial French Immersion and Francophone Teachers Association (APPIPC) and chair of the BCTF Provincial Specialist Associations Council (PSAC).

RELI est une trousse d'évaluation de la lecture pour les élèves de la 1ère à la 8e année. Les textes informatifs invitent les élèves à mettre en oeuvre leurs stratégies de lecture afin de comprendre ce qu'ils lisent et de permettre à l'enseignant de dresser un profil des habiletés de lecture de ses élèves.

A Solve Real-World Problems with Micro:bits

Nicole Cruz

Nicole Cruz is a District Coding Support Teacher. As a thought-leader on STEAM education, she supports schools by sharing her passion for creative coding and making with Micro:bits. She has presented internationally on Design Thinking and Coding with Micro:bits in China, Singapore, and the U.S.A. She is a lifelong learner and just completed her Master of Education at UBC.

Code a micro:bit to solve a real-world problem during this hands-on workshop and get inspired to introduce and integrate design thinking with micro:bits across the curriculum. No prior coding experience required!

Participants to bring a laptop and micro:bit. There will be some micro:bits available for some participants just in case.

A Spirit, Balance & Boundaries

Regina Kaiser

Regina is a Certified Meditation Teacher, co-author, and owner of Veracis Meditation & Wellness Centre in Port Moody, BC. Established in 2000 the centre specializes in Meditation Courses, Yoga classes, Retreats, and Holistic Services. Regina's greatest passion is teaching meditation classes that support a strong foundation in balanced well-being.

Discover how easy it is to slow down and be in the present moment so you can stop striving and start living. Learn how to effectively cope with stress in your life. Develop healthy balance and prevent burnout. Reclaim your space and your life. Regina brings an inspiring,

dynamic presentation with live guided meditations followed by group discussions, so you experience immediate relief. Begin within. Seated in chairs.

A Steering Youth Away from Danger

Detective Constable Doug Spence

Detective Constable Doug Spence has worked VPD as a member of the Integrated Gang Task Force and is recognized as a Gang Expert in BC Provincial and Supreme Courts. He has been with Odd Squad Production since 2006 and has presented throughout Canada educating over 10,000 youth on the perils of Gangs and Gang Life.

Even though many youth have strong role models through parents, coaches and teachers, we see that today's pro-drug influences are grooming all children, teens and young adults to believe that there will be no consequences to their choices related to drug use. The same influences are present in the world of gangs. The objective of Odd Squad's reality based substance abuse presentation is to educate all youth as to where the choice of using addictive substances can lead by using teaching points, images, videos and messaging from subject matter experts.

A Teaching Hip Hop Dance in Elementary and Middle Schools

Beverley Soh

Bev Soh is a French Immersion teacher at Mary Hill Elementary. She has been dancing for over 25 years and has been a dance instructor for over 15 years. She has experience teaching all ages and levels and currently teaches an adult ladies hip hop class at Room To Move Dance & Fitness in Port Coquitlam.

In this workshop, you will complete a warm up and stretch, play some dance related games, and then you will learn a short hip hop routine that you are welcome to teach to your students.

Participants please wear comfortable clothing and runners. Bring a water bottle and small towel if you wish.

A The "Neural Warm Up": How to Utilize Movement to Stimulate your Brain

Caroline Mundell and Morgan Hodge

Morgan Hodge, certified Kinesiologist and Certified Movement Re-education Specialist with a focus in neuro-biomechanics, has been working within the schools in the Tri-Cities for over two years. Caroline Mundell is a mother of three and the founder of Function Health Club. She holds a diploma in Sports Science, is a NCCP Olympic Weightlifting Coach and current World Olympic Lifting Bronze Medalist.

During the 1.5 hr workshop we will take teachers through a series of movement protocols that have been proven to aid in optimal brain function.

- 1) Removing postural stressors to create a parasympathetic learning environment
- 2) Mobility training to enhance physical performance and mental focus
- 3) Simply yet effective drills/games to help engage children in the classroom

A Thinking Classrooms

Michael Pruner

Michael is a high school math teacher from North Vancouver where he teaches using the Thinking Classroom framework. A thinking classroom is a collaborative learning environment where students work together to solve rich tasks at vertical non-permanent surfaces. Michael also has experience with curriculum and text book development, and he is a past president for the BC Association of Math Teachers.

In this introduction to a thinking classroom, I will share my reasons for teaching with this model five years ago. Teachers will experience a Thinking Classroom first hand as I outline the three small changes that anyone can make to create a classroom of engaged and active learners.

A Training the Brain - Wellness and the Learning Experience

Bill Adair

Bill Adair - Teacher and Author of "The Emotionally Connected Classroom- Wellness and the Learning Experience". Release date Feb 2019 Corwin Press, Thousand Oaks CA. His book and innovative teaching model was a response to growing anxiety, low resiliency, and motivational challenges in his classroom. Bill teaches Physical Education at Pinetree Secondary.

Challenge the anxiety epidemic and bring the new curriculum to life. "Shaping the minds of students" is not a metaphorical mantra, it is a literal one. The brain is built through emotional experiences and learning is full of them. For some, learning will nurture bravery, resiliency and joy. For others, it will be anxiety, shame and self-doubt. Learn to set and assess daily intentions designed to engineer attachments to bravery, resiliency, healthy thinking and emotional balance.

A Using Show Biz Magic to Tell Stories

Michael Charrois

Michael Charrois is a professional actor and performing Arts Education Coordinator at the Evergreen Cultural Centre.

Come across the street to the Evergreen Cultural Centre and learn some show biz secrets. Enjoy a behind-the-scenes backstage tour of the Studio Theatre to see how the magic is created (from Session two of the Storytelling Through Drama Games Workshop). Learn some actual magic tricks that can be used as magical endings when creating stories (performance techniques from the Three Ring Theatre Workshop).

This workshop is OFFSITE: 1205 Pinetree Way, Coquitlam, BC

A Verbathon®: How to have fun with Verbs and Grammar!

Emmanuel Escueta

Emmanuel Escueta teaches French Immersion at École Irvine. He established ESCUTECH Ltd. as a result of developing original educational resources in different languages. VERBATHON® has become a national tournament. He has presented workshops

in the US & Canada. Emmanuel completed his Master's degree in Educational Leadership (SFU) & is a recipient of the Prime Minister's Award for Excellence in Teaching.

Participate in this dynamic workshop and make learning VERBS and GRAMMAR one of the most exciting events of your class by using VERBATHON®! Motivate and challenge your students with sports-style events! Integrate math, social studies, even rap and rock music. Learn how to organize an exciting tournament for your class, school or participate in a national tournament! Verbathon is available in French, Spanish and German. (recommended for Grade 6 and up).

A When Pen & Paper Don't Work

Miwa Komori, Kristin O'Brien

Kristin and Miwa are teachers at the Teaching and Evaluation Centre. Both have worked in the classroom and in the resource department for over ten years. Much time at the T&E Centre is spent on teaching students how to be skilled and efficient users of technology so they are informed and can share what they know in different ways and with choice.

If you like using technology and have students who struggle with worksheets and text on paper, we will give options on how students can share what they know using technology in a fun and impressive way. We will share how the apps work and what finished projects can look like using these apps: Office Lens, Pic Collage, iMovie, Haiku Deck, Explain Everything. Participants will have time to create their own projects and play within the apps.

Participants required to bring their own iPad with apps already installed and ready for use: Office Lens, Pic Collage, iMovie, Haiku Deck, Explain Everything.

A Wonder in the Primary Classroom

Cassie McGuinness

Cassie has been teaching in SD43 since 2011. A few years into her teaching career she discovered her passion for play, inquiry and emergent curriculum. She completed her graduate diploma in Reggio-Inspired practices and brought her belief in this pedagogy into the classroom. As of late, Cassie has completed her Master's degree in Education and continues to grow and develop as an educator. Leah Wallace has been teaching in SD43 since 2012. In her time with the district she has taught in various Montessori programs and has further developed her practise with the pedagogy of play, inquiry and emergent curriculum. She has a passion for learning and strives to bring joy into her classroom each day.

This workshop will explore the British Columbia re-designed curriculum through the lens of play and inquiry. We will explore ways to invite and provoke thinking within the early primary classroom (k-2). Multiple entry points for learning will be discussed and unpacked in order to provide the teacher with the tools to begin or extend their understanding of play and wonder in the classroom.

A Working Well with "Edgy" Topics in Your Classroom: How to Facilitate Dialogue (Not Debate) and Move

Ryan Cho

Ryan Cho teaches Social Justice 12 at Terry Fox Secondary School in Port Coquitlam, BC, is one of the co-Chairs for the BCTF Committee for Action on Social Justice, sits on the Anti-Racism advisory committee, and is the winner of this year's BC Premier's Award for Excellence in Education (social equity).

Polarization and "edgy" issues are becoming a normal part of our communities and public discourse. As our schools and classrooms become more and more diverse (including diversity of political perspective and ideology), it's more and more important that we have good conversations on these topics, however, many teachers feel ill equipped to work with these themes within their classes. This workshop will explore ways teachers can facilitate dialogue (not debate) on "edgy" topics and move people forward together based on their shared values.

Target Audience: Highschool Humanities

B Sessions - Afternoon Only Sessions

B Afternoon #Ignited43!

Amanda Long

Can't get enough of our Ignite43 presentations? Haven't seen one yet? This session is for you!

The Ignite presentation format is a 5 minute long presentation with 20 slides that advance automatically every 15 seconds. It's the presentation equivalent of a haiku or sonnet that sparks or 'ignites' an idea and allows time to discuss further and continue the conversation long after the short presentation is complete. Join us for several Ignite presentations on various topics covering a range of grades, subjects, and interests.

B Assessing Computational Thinking through Cross-Curricular Activities

Karen Lee (Science World)

Science World is committed to supporting teachers and learners throughout B.C. in STEAM (science, technology, engineering, art & design, and mathematics) teaching and learning.

The ADST curriculum from K to 9 is built on the model of integrating the applied design process into other subject areas. This workshop will allow teachers to explore cross-curricular lessons involving coding and computational thinking. Discussions and hands-on activities will allow participants to leave this session with a better understanding of creating meaningful interdisciplinary lessons, of assessment of curriculum and self-assessment of core competencies that can support both paper and digital reporting and portfolios.

B Blender Basics Textures and Lighting (Slightly More Advanced)

Drew Sturrock

Drew Sturrock has been a teacher in Coquitlam since 2001. Over the last 3 years he has developed an elective/explorations class that meets the needs of all levels of computer users. In the two session he presents at this conference, he will be happy to share some of the ideas and problems he has had building this new exploration/elective class.

If you have used Blender before (maybe you signed up for the early session) but are far from an expert in this session, we will expand on our basic skills and look at making a scene using image textures, adding colours, and designing lighting for our basic projects.

Participants have to have used Blender before, but want to learn about textures and lighting. You also have a basic understanding of using a computer. Can you use a mouse and save things to OneDrive?

B Building Better Writers (Grades 6-12)

Mark Smith

Mark David Smith has written for journals, newspapers, and marketing companies, and recently had his first novel for teens, *Caravaggio: Signed in Blood* (Tradewind Books), published in Canada, Australia, the U.K. and the USA. He is a member of Children's Writers and Illustrators of BC, and has taught English for 22 years. He recently made the switch from Burnaby to SD43 and loves his new commute.

Writing is art, but we can approach it like a science. All good writing relies on structures and principles which we must teach explicitly. The difference between emerging and developing writers is their ability to conceal those "rules" within a work so powerful that we forget those structures exist. Learn to break down the principles you want to teach so students can engineer their writing piece by piece.

Participants can bring questions about student writing; writing paper or a laptop.

B Building Classroom Community Through Cooperative Learning

Shane Kennedy and Christine Yeager

Shane and Christine are teachers in SD43. Shane works at Scott Creek Middle and Christine is at Blakeburn Elementary. Both are Tribes TLC Trained and appreciate the importance of being intentional with planning and practice to create safe learning environments for students.

Are you wondering how to effectively use your instructional practices to best support core competencies in the classroom? This workshop will show you how to structure group work to maximize academic output, build social skills and improve student behaviour and engagement in your classroom. Ready-to-use ideas and fun are included (K-12).

B Changing Assessment in a Changing Curriculum

Michael Pruner

Michael is a high school math teacher from North Vancouver where he teaches using the Thinking Classroom framework. A thinking classroom is a collaborative learning environment where students work together to solve rich tasks at vertical non-permanent surfaces. Michael

also has experience with curriculum and text book development, and he is a past president for the BC Association of Math Teachers.

The curriculum is shifting our focus to curricular competencies and content, so how might our assessment practices change to reflect this shift? In this session we will discuss how our assessment tools communicate our teaching values, and I will share some ideas for assessment that may better reflect our learning goals within the new curriculum.

B Co-teaching with Excellence in Writing

Rosalita Faccione

Rosalita are student services teachers with experience using the Excellence in Writing program as a co-teaching tool.

Excellence in writing is a literacy program that makes the reading and writing connection for a variety of learners. This structured program is easy to prepare and adaptable to many grade levels. It includes oral language, reading, and writing components. This program meets the diverse needs of the classroom today. Target audience classroom, student services and EAL teachers.

B Design Thinking Across the Curriculum

Nicole Cruz

Nicole Cruz is a District Coding Support Teacher. As a thought-leader on STEAM education, she supports schools by sharing her passion for creative coding and making with Micro:bits. She has presented internationally on Design Thinking and Coding with Micro:bits in China, Singapore, and the U.S.A. She is a lifelong learner and just completed her Master of Education at UBC.

This hands-on workshop will introduce participants to the design thinking process, which is applicable to all subject areas. During the session, we will go through a design sprint and experience solving a problem through design thinking. Participants will have hand outs and resources that can be used in the classroom.

B Exploding Emotions Book Making

Mary Otey

Mary Otey is the resident art teacher at Minnekhada Middle School and has been a member of the Visual Art LSA for many years. She has been with the Coquitlam School district since 2007 teaching many subjects from kindergarten to grade 12, however her specialty is visual arts including ceramics and photography.

Come play with ideas around emotions, music, and art making! In this workshop we will discuss emotional connections with colour before responding to different styles of music with paint, oil pastels, markers and more! Within these artworks we will find smaller abstract compositions to fill our exploding books that we will make using a simple origami fold. My students have loved this project and you will too!

Participants required to bring an open mind and their imagination!

Sponsored by the Visual Arts Secondary Teacher LSA

B Finding Life with Award Winning Canadian Filmmaker Elia Saikaly and NGO, Under the Same Sun

Trina Munday

Trina Munday has been a middle school educator for over twenty years and currently works at Maillard Middle School.

Looking for fresh ways to develop empathy, compassion and perseverance, to inspire your students to be physically fit and to want to be part of a global community? You'll get units (novel study, inquiry, etc) that fit with the middle school curriculum and core competencies. Follow Elia Saikaly on his journey to film The Climb for Albinism on Mt. Kilimanjaro and learn more about the issues that people with albinism face in Africa.

Participants may bring a laptop, but not necessary.

B From Teacher-Guided Inquiry to Student-Driven Inquiry

Joanne Holme

Joanne Holme is a passionate educator and consultant. As a classroom teacher, Joanne was committed to empowering all students to become confident and strategic readers, writers, thinkers and oral communicators. In addition to her classroom experience, Joanne was a Literacy helping Teacher with the Surrey School Board, where she supported teachers in the area of literacy instruction.

Inquiry learning is anchored in our curiosity and an innate desire to make sense of the world around us. This interactive session will examine inquiry based pedagogies to guide, support and empower students to learn through curiosity, critical thinking and reasoning. Come and explore the powerful effects of provocations, investigations and questioning that invite students to engage in deep thinking and inquiry.

B Fun with Skits, Dialogues and Games (Core French)

Liliana Pesce

Liliana taught both primary and intermediate grades and also dedicated several years to teaching Core French in Surrey. Liliana currently teaches Grade 4/5 in Northern BC. Throughout her teaching career, Liliana has connected with French teachers throughout the province, offering workshops based on teaching units she creates.

Students love to dress up, perform, laugh and have fun! Integrate drama and French so that students can practise vocabulary and phrases from a variety of themes in an engaging, interactive, and motivating manner. Whether you have very limited conversational French or you are fluent, acquire communicative resources, motivating ideas, and effective strategies for all learners in your classroom. Receive an extensive handout of ready-to-use, adaptable mini-dialogues and skits.

Participants required to bring scissors, glue stick, felts and a sense of humour.

B Genius Hour in the Elementary Classroom (Grades 1-5)

Vicki Weger

Vicki Weger has been teaching in Coquitlam for 20 years. She completed her Post Baccalaureate Degree in "Literacy for Diverse Learners" and loves finding ways to include project-based learning, choice, and differentiation for her students. Vicki taught at Monty Middle School (regular program and Montessori) for most of her career, then moved to Central 5 years ago to teach various combinations of grades 2-4 with very diverse learners.

Looking for ways to help your students develop all their curricular competencies with one activity? Want a structure that authentically includes all learners in your room? Traditionally Genius Hour has targeted upper elementary and beyond. Vicki has found ways to make it work for younger learners, including emergent readers and writers or E.L.L. learners, so technology is not required. She has simplified processes for recording and reflection, but still keeps students accountable and reflective.

She will share how she sets this up and runs it, some of the projects her students have done, and what the research says about Genius Hour and why it's such a powerful way to empower learners. Hopefully participants will come away excited to try Genius Hour in their classes.

B Global Warming: What Is the Next Generation Facing?

Tim Cooper

Tim completed a PhD and 50 papers in nuclear physics. Then in 2003 he switched to climate physics outreach. Tim has given over 150 presentations on the science, economics, politics and engineering of man-made climate change, and the great danger it presents in an attempt to sway the public to listen to the scientists and the science.

Do you have questions about climate science? Are you wondering how to approach the topic in the classroom or deal with it if it arises spontaneously? This session is for you! You'll be provided with a summary of the mainstream science on global warming along with a brief outline of technologies to reduce future warming. This will be followed by a general discussion of what we can and should be sharing with the students.

B Gym is Not a Class, It's Where you Learn PHE

Anders Nordby and Gavin Hanna

Anders Nordby and Gavin Hanna have a combined teaching career of nearly 30 years. During that time, they have worked together at both Montgomery Middle and Eagle Mountain Middle School. They have been teaching teammates and taught PHE together for many of those years. This year Anders is the 0.6 FTE PHE Specialist at Eagle Mountain where he plans, implements, and supports the PHE, Intramural and Athletics programs.

This workshop is geared towards middle school teachers who want something they can take back to their school and use right away in the gym or DPA. It will not cover academic strands of PHE. You will learn the rules of some of their most popular games as well as play their games too so please wear your PE strip. Participants will also learn about the active portion of the Eagle Mountain PHE year plan and how their Intramural program supplements their PHE units.

B Hot Yoga - Detox for Mind and Body

Taryn Coupland

Taryn has been a teacher with the SD43 School District since 2012 and currently works at Glenayre Elementary and as a District Tech Support Teacher. Yoga became essential to Taryn's daily routine after completing a marathon in 2011. In 2014 she decided to further her practice and take a 200 hr Yoga Teacher Training. She has been working at Oxygen Yoga and Fitness franchise since May of 2014.

Taryn will guide you through a full Hot Yoga practice at Oxygen Yoga & Fitness (Port Moody location). Throughout the practice we will focus on Pranayama (Breathing), Mindfulness and Strength (Mind & Body). After our practice we will reflect and talk about the importance of self care.

Participants required to bring: Yoga mat, large towel or yoga towel, face towel, water bottle, and an open mind.

Cost is \$5/per participant. Participants will be sent an email with payment instructions.

OFFSITE: This will be held at 2732 St. Johns Street, Port Moody.

B Identification, Screening and Testing Gifted Students & the Canadian Cognitive Abilities Test 7

Robyn Chambers

Robyn Chambers is a Coordinator of Gifted Education, District 43.

An essential workshop for Gifted Contacts. Administering the Canadian Cognitive Abilities Test CCAT 7 is a key part of formally identifying gifted students, as is collecting observational data from teachers. In this workshop, teachers learn how to order, administer, score, and interpret the CCAT 7. We will look at the definition of giftedness and other policies that guide our identification practices.

Sponsored by Gifted LSA

B Including ELLs in Academics: Middle School Strategies

Gabriella Licsko

Gabriella is a district EAL mentor teacher.

Teachers will share and plan units and lessons using Kanta's framework for including ELLs and increasing their academic abilities.

Participants required to bring existing unit/lesson plans or ideas, laptop and pencil.

B Indigenous Math Activities

Lori Bernard

Lori has been teaching Math in Burnaby for 25 years. She currently teaches math in both English and French at Cariboo Hill. She is a mother, wife, and sailor, though that order is fluid!

How can you incorporate Indigenous content into your math classes in a way that feels natural, not contrived? I have a variety of activities and projects that work in multiple levels of Math classes that do just that. This workshop will demonstrate a games unit and other activities and explore how to expand or simplify each one to fit your needs.

Participants please bring open minds and a willingness to participate.

B Integrating the Core Competencies into Your Resource Program

Julie Eastman, Lena Fernandes

Julie has been an elementary Resource Teacher in Coquitlam for 27 years. What has always been important to her is her student engagement and growth as well as her place as a teacher in the experiences she has with her students. She has been a district mentor and has lots of ideas that have contributed to a successful Resource Program in an elementary setting.

Inclusive education theory and the Revised Curriculum are having as huge an effect on Resource Programs as they are on classrooms. Julie has experimented with using the core competencies in a variety of ways. She is seeing positive results and is happy to share some things that have worked for her. This workshop is best suited to elementary resource teachers.

B Introduction to MS Sway

Simon Kwok

Simon is a teacher at Eagle Mountain Middle School and has been part of the district's Technology Support Team for the past 2 years, helping teachers integrate various technology into their classrooms. He believes that learning, making connections, and engagement go hand in hand - As students are engaged with what they do, they are bound to learn something which allows for connections to be made. This in turn will engage students even more. As a result, he strives to use digital technology as a entry point for student engagement.

Are you feeling a little tired of using PowerPoint to prepare your lesson or watching student presentations on PowerPoint? Come learn about Sway, a similar-but-different presentation tool in the Office 365 suite. We will go over the basic features of the tool, and participants will have plenty of hands-on time to try things out and feel confident to introduce it to their students.

Participants required to bring laptops.

B Introduction to Office 365 and OneDrive

Elaan Bauder

Elaan works part-time teaching Computer Explorations at Kwayhquitlum Middle School, and part-time as a district Technology Support Teacher.

Haven't dived into Office365 yet? We will focus on the basics during this workshop, including: 1) how to create shared folders for handing out digital files/documents, 2) how to teach your students to create shared folders so they can Hand-IN digital files to you, 3) how to sync your student's folders to your teacher laptop so you don't need to log-on to O365 to access their work 4) how to easily create and share digital files with colleagues.

Participants required to bring a district laptop charged and ready to go.

B Introduction to Restorative Practices

Darcy Ellis, Jennifer Morgan, Jennifer Penk, Kevin Simmons

Darcy, Jennifer, Kevin and Jennifer, have had experience at the classroom level, school level, and district level in introducing Restorative Practices.

Facilitators will introduce participants to an understanding of Restorative Practices as they are in this district. It is an opportunity for those who are interested in learning about Restorative Practices in general, and bringing these principles and practices into the classroom on a daily basis.

B Learning to Flourish

Dr. Sabre Cherkowski

Sabre Cherkowski is an associate professor and Director of the Centre for Mindful Engagement in the Faculty of Education at the University of British Columbia, Okanagan campus. She teaches and researches in the areas of leadership and organizational development; professional learning and teacher development; and diversity and education. She is completing a three-year research project on flourishing in schools, examining teacher wellbeing from a strengths-based, appreciative, positive organizational perspective. She is currently researching positive school leadership as a catalyst for school improvement.

In this workshop, Dr. Sabre Cherkowski will provide opportunities for participants to try out various practices and approaches for noticing and nurturing wellbeing in your work. This will be an interactive session designed for participants to learn about the findings from her recently completed research project on teacher wellbeing, reflect on what these mean for them in their own context, and develop ideas and steps for developing their own living map of flourishing.

B Let's Talk About Universal Adaptations in High School

Liz Bell, Leah Ugonotti

Liz and Leah are Learning Services teachers at Pinetree Secondary who are passionate about including diverse learners in all classrooms. They have backgrounds in most academic and elective subjects.

Now that adaptations are UNIVERSAL, not just for IEP students, it can be challenging to think

about how to best support all the learners in your classes. Participants will leave with a better understanding of how to think about adaptations as well as an extensive resource guide.

B Make Thinking Visible with the iPad

Chris Loat

For the last seven years, Chris Loat has worked as a teacher consultant for technology in SD38 (Richmond) helping K-12 teachers integrate technology into their curriculum. Prior to this, he taught for 17 years in the classroom from grades 2-7. He is an Apple Distinguished Educator & Apple Learning Specialist who loves seeing students leverage technology to share their learning in creative ways.

Using various iPad apps or some of the built-in features, attendees will learn how students can share their learning and make their thinking visible. We will examine some of the iPad features as well as apps like Shadow Puppet Edu, Skitch, Toontastic 3D, Book Creator, Popplet and Clips. Be ready to create and learn about these open-ended apps that can be used in all curricular areas.

There will be a class set of iPads available to use, with the apps loaded that are needed for the session. Participants are welcome to bring their own iPads if they prefer.

Sponsored by the CUE43 LSA

B Metaphorical Thinking/How are You Like A Tree?

Geoffrey Kehrig

Geoffery Kehrig is a professionally trained artist and teacher at SD43. Through the BCTF, Geoffery facilitates a variety of workshops for TTOCs and New Teachers. He is currently the Chair of the TTOC Committee.

This visual arts activity includes a short written component and dialogue about the core competencies. The lesson was taught at UBC by Aileen Pugliese Castro and was originally inspired by Peter Wolf's workshops. In this imaginative lesson, students will create their own unique tree while identifying personal characteristics and building specific connections to nature. Through the past few years, Geoffery has facilitated this project with elementary students (K to 5), middle school art students, and high school art students.

B MOKITA

Shirley Weir

Shirley Weir is on a mission to empower women to navigate perimenopause & menopause with confidence and ease. She is the founder of MenopauseChicks.com<<http://menopausechicks.com/>> and its popular private online community, and she recently published her first book, MOKITA, which reached #1 on Amazon.ca<<http://amazon.ca/>> in women's health in October 2018.

Participants will leave with new & trustworthy education on the perimenopause-to-menopause transition, clarification on definitions and feel empowered to be their own best health advocate. Learn how to reframe myths, misconceptions and outdated perceptions and

have meaningful conversations with people of all ages. This session is perfect for women and men of any age who want to avoid sorting through all the conflicting information on the internet, and gain confidence in the physical education and health conversation.

Copies of Shirley's book are available in this session for \$20.

B Painting on Canvas Workshop

Lauren Albrice

Lauren is a Coquitlam based landscape artist who provides easy step by step fine art painting workshops to groups of students from Kindergarten to grade 12, as well as groups of teachers, Corporate groups and private paint nights/days. She has been doing the workshop for over 10 years in the Coquitlam and Maple Ridge school districts.

The workshops are a fun, easy, step by step process using Acrylic paints on canvas. This year we will focus on the balance of black and white/light and dark, to create paintings depicting the simple beauty that is created by the sun shining through the snowy landscape of Manning Park, BC.

Participants please bring a large painting shirt to protect your clothes. Aprons are provided but does not cover everything, acrylic paint does not wash out of clothes.

Cost is \$10/per participant. Participants will be sent an email with payment instructions.

B Psychoactive Substance Use: Addressing the NEW Physical and Health Education Curriculum

Todd Ware

Todd Ware is the owner operator of an intervention support service within Canada and the US. Todd is a Certified intervention Specialist who provides solutions to those struggling with psychoactive substance use, gambling, and gaming addictions. Todd has helped countless individuals enter recovery and find freedom from the negative impact of substance use.

Todd will support educators and frontline workers in the development of best practice for school based prevention education of psychoactive substance misuse. Todd will also introduce intervention and treatment strategies suitable for both elementary and high school educators who may be working with students currently struggling with, or exposed to psychoactive substances. He will discuss how to engage these at-risk students and provide early intervention.

Participants required to bring pen, paper.

B Researching the Great War and Museum Tour (12:00 – 1:30 p.m.)

Markus Fahrner and Brianne Egeto

Museum coordinator Markus Fahrner, graphic designer and visual artist with over 20 years experience. Museum coordinator Brianne Egeto has a background in archeology and over ten years experience in the museum field. Both speakers share a passion for teaching and developing educational programs for the museum.

How to research war diaries and soldiers histories. Followed by a tour of the trench display and talk about life in the trenches. Introduction to the many educational programs provided

by the museum followed by a museum tour. (Outreach programs; the suitcase project-immigration in Canada, Animation workshops, Industry and community) After 45 minutes the groups will switch.

Cost is \$5 per participant. Participants will be sent an email with payment instructions.

OFFSITE: Held at Port Moody Station Museum, 2734 Murray Street, Port Moody V3H 1X2

B Science ALIVE STEM

Lauren McNeilly

Lauren has worked at Science ALIVE for almost three years as both an instructor and a member of the administrative team. She has developed and taught STEM based curriculum for after school programs, summer camps and classroom workshops. She always aims to create engaging curriculum that will help students retain knowledge and create positive learning experiences.

This workshop will give teachers inspiration on how to bring STEM into their grades K-3 classrooms through hands-on curriculum. Speakers will walk through two activities that will highlight how to create a balance between STEM based information and fun! Teachers will each receive one prepackaged activity to try in their own classroom. *For Kindergarten to Grade 3.

B Simple Teacher Hacks That Work!

Camy Ng

Camy Ng has taught in SD43 (Coq) for 13 years, most recently in Kindergarten, and is currently on Ed. Leave completing her M.Ed. She completed her B.A. (Crim.) B.Ed. (ECE Minor) and Post-Bacc. at SFU. As a teacher-hoarder and Pinterest stalker, Camy has tried just about every hack to organize resources, reduce paperwork, and better her classroom using everyday things.

Camy has found that not every teacher hack lives up to the promises of saving time, money and sanity! This session explores her favourite teacher hacks that have been successful at the K-5 levels. Participants will see examples of cost-friendly methods of organizing classroom materials and teacher resources as well as get tips on how to upcycle everyday household items. You will leave feeling inspired and eager to go hack your own classroom!

B Soapstone Carving

Oliver Harwood

Oliver is a professional sculptor with 18 years experience. As a graduate of Nova Scotia College of Art and Design he apprenticed in Italy for two seasons. Oliver works with stone, metals, wood and other natural materials. In addition to creating sculpture, Oliver has ongoing Public Art projects, teaches both adult and school sculpture programs, exhibits regularly and runs a large sculpture studio.

Participants receive a pre-cut soapstone animal shape and are guided through a step-by-step process to complete their work of art. You will enjoy the benefits of hands-on learning and the pride of creating your very own stone carving. All materials are provided. The activity

also links to curriculums as it's a creative activity that speaks to art, rocks and minerals, using tools, Indigenous cultures and early civilizations.

Cost is \$12.50/per participant. Participants will be sent an email with payment instructions. Maximum of 30 participants.

Sponsored by the Aboriginal Education LSA.

B Story Telling Using Coast Salish Elements of Design

Dana Asher

Dana has been teaching since 2003, predominately in the Coquitlam School District at the middle school level. She has always been interested in First Nations culture and integrating as much knowledge as she can into the classroom. When she was given the opportunity to teach art, she was really excited to be able to bring First Nations culture and design to her students.

Story telling as a way of passing information from one generation to the next has been something human beings have been doing for thousands of years. Using the basic elements of Coast Salish design, she will take you through an activity that not only teaches about the basis of Coast Salish design, but also allows you to apply these elements to storytelling.

Participants required to bring pencil, scissors, glue stick, sharpie and pencil crayons.

B Students with Anger and Stress Challenges Can be Helped. Learn How!

Steve Andrews

Well known for his work on "Bullying" prevention/intervention, Steve has spent the last 25 years working with children/youth with anger and stress management challenges. He has enjoyed bringing his practical strategies to colleges, mainstream and alternative schools, and professional conferences throughout B.C.

This is a practical/interactive session that will allow teachers or counsellors to work more effectively with students who have anger/stress management challenges. Participants will leave with new methods for: making a connection, preventing "outbursts/incidents", creating improvement over time, supporting parents and fellow staff and clarifying roles/responsibilities.

Participants can bring some paper and a pen or notebook, laptop for notes.

B Supporting Inquiry as a TL: Personalizing Resources using Destiny Collections

Diane Silzer, Leslie Ikeda and Lynn Cecchini

Currently a teacher librarian at Dr. Charles Best Secondary, Diane has been a teacher in Coquitlam since the last century. She has also been a teacher at Como Lake, Riverside, and Gleneagle. Leslie Ikeda is a teacher librarian at Pinetree Secondary. Lynn Cecchini is a

teacher at Gleneagle Secondary and has recently completed the UBC Certificate in Teacher librarianship.

Creating collections using Destiny is a great way for teacher librarians to personalize resources and support student inquiry. Help teachers create resources to pair content to instruction. Each collection can include web pages, images, documents, eBooks, and more! Come to this session to explore what Destiny Collections has to offer. Bring a project so you can build your skills with a product in mind.

Participants required to bring a laptop.

Sponsored by the Coquitlam Teacher Librarian Association LSA.

B Teaching Privilege in the Middle School or High School Classroom

Megan Leslie and Erin Stainsby

Megan Leslie has been teaching for 16 years, the last 10 of which has been concentrated in senior social studies at Dr Charles Best. Erin Stainsby is a new teacher eager to share her passions in the field of English and Social Justice, she is currently teaching at Pitt River Middle.

This workshop is intended to be an introduction to the concept of privilege and an overview of ways to present the concept to students. Participants will be asked to perform an adapted privilege walk to increase their understanding of both their own privilege and the concept itself. Participants will be given resources to take right into the classroom. This is an ideal workshop for the social justice teacher or anyone who discusses current social topics in the classroom.

Participants required to bring an open mind, pencil and paper.

B The "Neural Warm Up": How to Utilize Movement to Stimulate your Brain

Caroline Mundell and Morgan Hodge

Morgan Hodge, certified Kinesiologist and Certified Movement Re-education Specialist with a focus in neuro-biomechanics, has been working within the schools in the Tri-Cities for over two years. Caroline Mundell is a mother of three and the founder of Function Health Club. She holds a diploma in Sports Science, is a NCCP Olympic Weightlifting Coach and current World Olympic Lifting Bronze Medalist.

During the 1.5 hr workshop we will take teachers through a series of movement protocols that have been proven to aid in optimal brain function.

- 1) Removing postural stressors to create a parasympathetic learning environment
- 2) Mobility training to enhance physical performance and mental focus
- 3) Simply yet effective drills/games to help engage children in the classroom

B The S 3L R Method: A Teacher/Student Strategy - Building Hope and Belief in Their Future

Drew Van Brunt

Drew has 40 years of experience as a counselor and social worker setting up education and life plans for children and youth, using the S 3L R Method to develop their own competencies. Drew has presented Pro D workshops on: The Effects of Separation and Divorce on Children and Youth; and, Human Skills: What Educators Need to Teach Youth to Navigate and Thrive, in the Near and Future Workplace.

Through this workshop and discussion, teachers will learn a personal method to adapt and manage their feelings, thoughts and behaviours that will enable them to enhance their teaching skills and provide a learning strategy to engage students in learning, developing and mastering core competencies. The S 3L R Method acts as a bridge to connect classroom learning to themselves and the world outside.

Participant to bring teaching scenarios that challenge them, and or, their students.

B The Social Emotional Learning Toolbox (Gr. K-3)

Sheldon Franken

Sheldon Franken (B.Ed, M.A.) is a school counsellor for the Vancouver School Board and the workshop facilitator and owner of Inquiry Adventures. Sheldon has been on the Association of Experiential Education NW Regional Council. Sheldon is known for his activity based and hands-on learning style of facilitation. Sheldon has presented workshops and keynotes on active and experiential social-emotional learning to educational and wellness organizations across North America.

Social-Emotional Learning is about building self and social-awareness, self-management, responsible decision making relationship skills to enable change and growth – the foundations of resiliency. The Social Emotional Learning Toolbox for primary students explores the use of experiential activities and games to promote and engage students in Kindergarten to Grade 3 in some of the fundamentals of social Emotional Learning. Come ready to have fun, play, and learn.

B The Power of Extreme Writing! Creating Eager and Fluent Writers

Diana Cruchley

Diana Cruchley is an award-winning educator and author who has taught at both elementary and secondary levels. She is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

Students who write slowly, and find it hard to think of ideas, fall behind as subjects become harder. How do we enhance fluency and still keep it engaging? Extreme Writing is a totally new journaling program that works. "It's fun! Can we do more?" Leave with a plan for the year, and a method of assessing student capacity. The brain loves novelty. Get 7 unique strategies to keep the program novel, multiple ideas for each strategy, and a year of refreshing unexpected choices. For grades 4-9.

B Tier 1 Executive Function/Self Regulation Strategies

Deidre James and Anita Jaswal

Dee James is the principal of Moody Elementary which has implemented many executive function and self regulation strategies over the last four years. Anita Jaswal is a district Speech-Language Pathologist who has Moody Elementary as part of her assignment.

Take a tour at Moody and see many of school and classroom-based strategies used by many of the teachers for both executive function and self-regulation. Learn about how Moody has implemented these strategies that are "essential for some, good for all".

OFFSITE: Moody Elementary, 2717 St. Johns Street, Port Moody, BC

B Understanding the Superfeeler in Your the Classroom

Alison Bell

Alison Bell is a Registered Clinical Counsellor and the clinical director at Alison Bell and Associates Counselling Group and the Connected Change Therapy Centre in Surrey, BC. She has been providing counselling services to children, adolescents and their families most of 2 decades and has had the pleasure of working with many students, families and teachers to support social and emotional well-being in all areas of their lives.

Superfeelers experience emotions on high! The sensitivity to their own emotions and the emotions of others can be overwhelming. The big feelings can also lead to challenges in managing emotions, relationships and behaviour in the classroom and on the playground. This workshop will allow teachers and support staff to gain an understanding of the superfeelers' world and how to support the "big feelings". A foundation of understanding, practical skills and emotion-focused techniques will empower teacher and school support staff when met with the need to support the superfeeler in their classroom and lives.

B Using Salmon Throughout the Curriculum

Krystal Pyke

Ms. Pyke is an enthusiastic and engaging educator with a background in fisheries field research, hands-on science education, and experiential curriculum development. She has developed curriculum connected workshops and field trips for organisations such as the Stanley Park Ecology Society, the Fraser Valley Regional District, and the Delkatla Wildlife Sanctuary in Haida Gwaii, BC. She is currently a teacher within SD43 and the Program Coordinator at Mossom Creek Hatchery and Education Centre.

Salmon are a fantastic topic of study and can be used to create comprehensive cross-curriculum units for your classroom and school. These beautiful fish have a lot to teach us about our environment and our relationships with nature and each other. Mossom Creek Hatchery and Education Centre would like to invite teachers to learn more about using salmon in their classrooms as part of a half day workshop taking place at the hatchery in Port Moody.

Participants to wear warm clothes for outdoor (winter) exploring, water bottle or travel mug, writing materials.

OFFSITE: Mossom Creek Hatchery & Education Centre, 12 Mossom Creek Drive, Port Moody

B Verbathon: Comment s'amuser avec les verbes et la grammaire!

Emmanuel Escueta

Emmanuel Escueta teaches French Immersion at École Irvine. He established ESCUTECH Ltd. as a result of developing original educational resources in different languages. VERBATHON® has become a national tournament. He has presented workshops

in the US & Canada. Emmanuel completed his Master's degree in Educational Leadership (SFU) & is a recipient of the Prime Minister's Award for Excellence in Teaching.

"Voulez-vous enseigner les verbes et la grammaire d'une manière unique, amusante et efficace? Aider et motiver vos élèves en jouant des jeux? Apprendre comment organiser et participer à un tournoi? Utiliser la musique rap pour renforcer l'apprentissage des verbes? Intégrer l'étude des verbes avec des autres matières? Alors venez à cet atelier dynamique du VERBATHON® et participez au tournoi national biennal qui aura lieu en 2019." (Grades 2 and up)

C Sessions - All Day Only Sessions

C BC Rugby Referee Certification (8:30 – 3:30 p.m.)

BC Rugby Referees Society

This course is the practical part of your Rugby Referee Level 1 Certification. There is an online component to this course which should be completed in advance. The link to the online courses can be found at: <http://www.bcrugby.com/get-involved/becoming-a-referee/>. Participants need to have athletic clothes as they will be participating in demonstrations during the on-field portion. Also dress for the weather as we will likely be outside.

OFFSITE: Dr. Charles Best Secondary, 2525 Como Lake Avenue, Coquitlam, BC.

C Collaborative Storytelling through Dungeons and Dragons!!!

Mason Foulkes

Mason Foulkes is a teacher at Hillcrest Middle School, who always tries to create as many of those 'big and memorable,' moments of fun and connection as possible.

An introduction to Role-Playing Games similar to Dungeons and Dragons, and how to use them in your classroom! Participants will create a character, engage with the world, and roll dice to play the game. Perfect for first timers, or RPG veterans! A great way to balance fun into a busy work/life balance.

C Connecting Heart to Hands: Choral Conducting Mentorship (10:00 – 2:30 p.m)

Dr. Geoffrey Boers

Geoffrey Boers, Director of Choral Activities at University of Washington, is exploring the evolution of conducting gesture and rehearsal pedagogy and the connection to emerging neuroscience of mirror neurons, empathy, perception, learning, and personal transformation. This has led to new thoughts about conducting, teaching, breath, movement, artistry, personal awareness, and cultural development.

Coquitlam Choral Conductors' Collective will guide participants on a journey of exploration,

connection, reflection and community building. We will aim to connect our hearts to our hands, refining gestures that connect sound to sensation in the singing body. This session is part vocal technique, part artistry, part science, part mentorship, and loads of inspiration and affirmation for choral directors of all levels and experience.

Sponsored by the Music LSA

C Drawing Out Competencies

Angela Herd

Angela Herd is a Registered Clinical Counsellor, Certified Canadian Counsellor, Registered Art Therapist and Educator. She is the founder/director of the Family Hope Clinic serving a broad range of mental health supports for children, youth and adults, a faculty member of Adler University and a sessional instructor a UFV in the Child & Youth Care program. Her prior experience as K-12 school counsellor is invaluable.

Teachers will come away with an awareness of the benefits of art to learning including social, emotional, cognitive and physical development. Teachers will also learn that offering expressive art opportunities does not require them to be trained, professional art teachers. Teachers are encouraged to trust the importance of giving space to creativity as children's natural mode of expression and communication.

Participants please bring markers and pencil crayons.

C Grade 4/5 Integrated Resource Unit on Mining (8:30 – 1:30 p.m.)

Andi Eisler

Andi Eisler is a MineralsEd partner-teacher. She is a lifelong intermediate teacher that taught in Burnaby before recently retiring. After using this resource unit for many years in her teaching, she helped guide the new developments during its revision, and for several years has presented this workshop to hundreds of teachers across BC.

This workshop guides you through our comprehensive, hands-on Grade 4/5 Integrated Resource Unit on Mining. This unit introduces rocks and minerals, covers the rock cycle, and explains the importance of minerals as natural resources. Learn about mining in the past, present and future, BC's mining communities, mining and the environment, the uses of minerals in everyday life, and careers in the mining industry. Participants will receive a teaching kit valued around \$350 dollars.

Participants required to bring a tote or backpack to carry the kit home.

Cost is \$10/per participant. Participants will be sent an email with payment instructions.

C Grade 7/8 Earth Sciences Resource Unit (8:30 - 2:00 p.m.)

Kerry Lockwood

Kerry Lockwood is a MineralsEd partner-teacher who currently teaches chemistry and Earth sciences at Pinetree Secondary in Coquitlam. Kerry is the lead developer of this unit and presenter of this workshop.

This workshop introduces our Grade 7/8 Earth Sciences Resource Unit. The unit is a creative collection of activities and demonstrations that support Earth sciences curriculum and help teach students the fundamentals of geology. This nature-based science unit lends itself to all styles of learning, especially those who learn best through place-based exploration and

hands-on learning. Participants will receive a teaching kit valued around \$350 dollars.

Participants required to bring a tote bag or a backpack to carry home the kit materials.
Cost is \$10/per participant. Participants will be sent an email with payment instructions.

C K-3 Integrated Resource Unit: Kids & Rocks (8:30 – 12:00 a.m.)

Ann Brace

Ann Brace is a MineralsEd partner-teacher. She is a primary specialist who taught in SD 41 for many years. She is also the lead write and developer of this resource unit, and developed a complementary classroom workshop for primary grade levels, Kids & Rocks, that she presents throughout the Lower Mainland.

This workshop introduces our primary resource unit: K-3 Integrated Resource Unit: Kids & Rocks. The theme, ROCKS, appeals to primary students and functions to address the curriculum content requirements in most subject areas, as well as the core competencies. The unit is designed to meet the needs of all learning styles and promote student engagement through creative lessons, hands-on activities and exciting demonstrations. Participants will receive a teaching kit valued around \$250 dollars.

Participants required to bring a collection of pebbles in an egg carton, and a tote bag or a backpack to carry away the resource kit.

Cost is \$10/per participant. Participants will be sent an email with payment instructions.

C Introduction to Art Journaling

Jennifer Nichols

Jennifer has been a teacher in Coquitlam for 20 years. She is passionate about social emotional learning, mindfulness and teacher well-being (and has 20 years of art journal entries to prove it!).

We've all heard that practicing mindfulness daily is essential, especially in Teaching. One way to help reduce anxiety and create a practice of reflection & gratitude is through Art Journaling. Art Journaling is fun, creative & inherently mindful. It's essentially a diary in which you combine art & words to express yourself. There are no rules for art journaling...it's all about self-expression. This 'beginners' workshop will introduce you to some simple and artistic ways to begin your own Art Journal. Together, we will explore some of the feelings we carry around with us as teachers and open ourselves into new creative possibilities. When we know ourselves well, we have clarity in our personal and professional lives.

All supplies will be provided, however, please bring your own set of watercolour crayons/pencil crayons if you have them.

Cost is \$20/per participant. Participants will be sent an email with payment instructions.

C MPowered Mindfulness & Play - Creating Balance

Michelle Tremblay

Michelle Tremblay, founder of MPower Lives Company, is located in the Tri-Cities area in Vancouver's Lower Mainland. She has worked with over 15,000 participants nationwide and

is highly recognized as a powerful speaker, great motivator and compassionate leader. www.mpowerlives.com

Explore self-care strategies - understand 'Compassion Fatigue' and where you can assess your self-care plan in areas; create a plan to make yourself a priority in work and life balance.

Practice basic self-defence skills - basic movement to reduce stress and tension - use relaxation breathing meditation and qi-gong movement with mindfulness awareness to connect to the body, mind and spirit.

Participants required to wear comfortable clothing, and bring a yoga mat. No experience necessary.

Sponsored by the Counselling LSA.

C Media Arts Film School (8:30 – 3:30 p.m)

Mike Schoenhals

Join the Media Arts LSA at Heritage Woods Secondary for a fun and information workshop. Learn about new equipment, specifically around camera. They will also be doing some work on Set Deck, and are looking to incorporate more ad lib into Directing.

OFFSITE: Heritage Woods Secondary, 1300 David Avenue, Port Moody, BC

C Ready, Set, ...Story!

Naomi Steinberg

Naomi has 16 years' experience performing traditional folk/fairy tales and delivering workshops in contexts such as schools, theatres, festivals & conferences. Three times awarded an Artist in Classroom Residency through Arts Starts in Schools (2009, 2014, 2016); contracted by SFU for the 2013/14 school year as storyteller and research assistant in an outdoor school in Maple Ridge.

Workshop includes solo and group exploration of traditional folk/fairy tales. Attention given to body, breath, voice, and mind as well as narrative arc, images, emotions, and sensory details. Play and imagination invited and basic storytelling facilitation tricks shared. Time given for practicing techniques and discussion of cross curricular connections encouraged. After session you should be more confident telling oral stories in class. Participants can bring pen and paper if they wish.

Sponsored by the Drama LSA.

C Strategies for Elementary and Middle School Students that Struggle with Executive Function Skills

Anna Lenarczyk and Lynda Swain

Anna Lenarczyk is a teacher on the Inclusion Support Team at SD 43. Lynda Swain an Occupational Therapist also working for SD 43. Anna and Lynda have collaborated together for a number of years developing resources and providing workshops in the areas of self-regulation and executive function.

This workshop targets support and classroom teachers at elementary and middle school level who are interested in exploring practical resources and strategies that help students improve their executive function skills like organization, focus and attention and emotional and impulse control.

C The 'Write' Balance

Sherina Chandra

Sherina is a Wellness practitioner specializing in the area of fitness and personal development. In her coaching she incorporates 9 aspects of lifestyle into helping one achieve their wellness goals: goal-setting, fitness, diet, sleep, soul circle, mindfulness, healthy relationships, gratitude, and kindness and compassion. She is active in the community raising awareness on mental health.

Wellness circle - a reflective practice to raise awareness in areas of one's lifestyle that require attention, structure and balance. This workshop will incorporate journaling, personal reflections, and education on healthy living. Each participant will receive a 3 part series of professionally printed journals to start creating their personalized wellness plan.

Participants required to bring pen/pencil. Pillow and/or throw blanket optional (for comfort).

Cost is \$40/participant for journal. Participants will be sent an email with payment instructions.

C Tools that Support Executive Functioning

Nona Navin

Nona is a former Learning Resource Teacher in Richmond and is a consultant with SET-BC. She strongly promotes inclusive education and works with teams of classroom and specialist teachers and, EAs to create classrooms where students can thrive. Using appropriate learning technology plays a role in the success of students and helps to facilitate student engagement and achievement for all learners.

This workshop will provide an overview of various apps/tools that support executive functioning and explore strategies on how to utilize these tools to increase student inclusion and participation within the classroom and school settings.

Participants required to bring iPad if they have access to one.

C Universal Design for Learning (UDL) and the Guiding Principles to Inform our Teaching Practice

Carmen Chung

Carmen started her teaching career working as a high school science and math teacher. Her interest in how technology can be used to help students gain access to these subject areas has led her to complete the Master of Educational Technology at UBC. Carmen is looking forward to working with fellow teachers on exploring potential ways technology can be leveraged to help meet the diverse needs of students.

Theory is great ... but what does it look like in practice. This workshop will begin with an overview of the Universal Design for Learning (UDL) framework and its guiding principles

followed by activities that will allow the participants to gain a greater understanding of how UDL principles can be applied to their teaching practices. Examples of lessons and assessments which are aligned with the new curriculum will be examined. Participants will be given time to reflect and discuss their own practices. The objectives of this session are for teachers to walk away with a deeper understanding of UDL and to be equipped with strategies to further develop inclusion in their classrooms.